Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
WORD OF THE MONTH ***English: Please*** ***Spanish: Por Favor (por fah-vor)*** ***Tagalog: Paki (pah-kee)***		1 9:30 Chair Exercise *AR 10:15 Senior Social *AR 11:00 Cell Phone Support *FPR 11:15 Book Club *AR **2:00 & 2:30** ***Albertsons and Walgreens*** 4:15 Chair Exercise *AR 6:30 Game Night *AR	2 9:30 Chair Exercise *AR 10:15 Trivia Time *AR 11:00 ***"I Admit It" Meeting with Tacia Breshears*** *FPR 2:00 Self-Motivated Walk *FPR 3:30 Happy Hour Featuring: ***Hunter and Friends*** *FPR 6:30 Game Night *AR	3 9:30 Chair Exercise *AR 10:15 Senior Social *AR **11:00 New Resident Welcome *AR** 1:30 Afternoon Movie *MT ***Patch Adams*** **3:45 Knitting Class-*Amanda* *FPR** 4:15 Chair Exercise *AR 6:30 Game Night *AR	4 9:30 Chair Exercise *AR 10:15 Senior Social *AR **11:00 "We Can Fix It" Meeting with *Bill Green* *FPR** 3:30 Happy Hour Featuring: ***Tim Pacheco*** *FPR 6:30 Game Night *AR	5 9:30 Chair Exercise *AR 10:15 CASINO BINGO! *AR 1:30 Afternoon Movie *MT ***Gone with the Wind*** 2:00 Karaoke Sing-A-Long *FPR 3:15 Short Stories *FPR 4:00 Catholic Communion *AR 6:30 Game Night *AR
6 9:30 Chair Exercise *AR 10:15 Senior Social *AR 11:15 Big to Little Words *FPR 1:30 Afternoon Movie *MT ***When We Last Spoke*** 2:30 Church Service *FPR 4:00 Potpourri Poetry *FPR 6:30 Game Night *AR	7 9:30 Chair Exercise *AR **10:15 Labor Day Puzzles *AR** 11:15 Walking Group *FPR 1:00 Art Class w/*Tonya*-Central Coast Home Health & Hospice *AR 3:30 BINGO! *AR 6:30 Game Night *AR Labor Day	8 9:30 Chair Exercise *AR 10:15 Senior Social *AR 11:00 Caring Canines *LIB 11:15 Book Club *AR **2:00 & 2:30** ***$ Tree and Family $*** 4:15 Chair Exercise *AR 6:30 Game Night *AR	9 9:30 Chair Exercise *AR 10:15 Journeys w/*Jonathan* *AR **11:00 *Cayucos Luncheon*** 2:00 Cell Phone Support *FPR 3:30 Happy Hour Featuring: ***Jesse Loren Strickman*** *FPR 6:30 Game Night *AR	10 9:30 Chair Exercise *AR 10:15 Senior Social *AR **11:00 Resident Council *AR** 1:30 Afternoon Movie *MT ***To Catch a Thief*** **3:00 Drum Circle with *Dee* *AR** 4:15 Chair Exercise *AR 6:30 Game Night *AR	11 9:30 Chair Exercise *AR 10:15 Senior Social *AR **11:00 "Stay Active" Meeting with *Chelle Fox* *FPR** 3:30 Happy Hour Featuring: ***David Talmage*** *FPR 6:30 Game Night *AR Rosh Hashanah Begins	12 9:30 Chair Exercise *AR 10:15 CASINO BINGO! *AR 1:30 Afternoon Movie *MT ***Citizen Kane*** 2:00 Balloon Badminton *FPR 3:15 Sudoku-Number Puzzle *FPR 4:00 Catholic Communion *AR 6:30 Game Night *AR
13 9:30 Chair Exercise *AR 10:15 Senior Social *AR 11:15 Big to Little Words *FPR 1:30 Afternoon Movie *MT ***The Secrets of Jonathan Sperry*** 2:30 Church Service *FPR 4:00 Potpourri Poetry *FPR 6:30 Game Night *AR Grandparents Day	14 ***National Assisted Living Week Begins*** ***Shining Through the Years*** 9:30 Chair Exercise *AR 10:15 Creative Crafts *AR 11:15 Walking Group *FPR 2:00 Bible Study *AR 3:30 BINGO! *AR 6:30 Game Night *AR	15 9:30 Chair Exercise *AR 10:15 Senior Social *AR 11:00 Big to Little Words *FPR 11:15 Book Club *AR 1:30 ***Documentary: The Battle Over Citizen Kane*** *MT **2:00 Outing: *TJ Maxx*** 4:15 Chair Exercise *AR 6:30 Game Night *AR	16 9:30 Chair Exercise *AR 10:15 Trivia Time *AR 11:00 Balloon Badminton *FPR **2:00 "Resident Care" Meeting with *Charlotte Doria* *FPR** 3:30 Happy Hour Birthday Social w/***Rick Jarrett*** *FPR 6:30 Game Night *AR	17 9:30 Chair Exercise *AR 10:15 Senior Social *AR 11:00 BINGO! *FPR **11:30 Out to Lunch: *Marcerro*** 1:30 Afternoon Movie *MT ***The Natural*** 3:00 Self-Motivated Walk *FPR 4:15 Chair Exercise *AR 6:30 Game Night *AR	18 ***National Assisted Living Week ends*** ***Shining Through the Years*** 9:30 Chair Exercise *AR 10:15 Senior Social *AR **11:00 Morning Concert with *The Uke-Ladies* *FPR** 3:30 Happy Hour Featuring: ***Akusaa Powell*** *FPR 6:30 Game Night *AR	19 9:30 Chair Exercise *AR 10:15 CASINO BINGO! *AR 1:30 Afternoon Movie *MT ***Gravity*** 2:00 Karaoke Sing-A-Long *FPR 3:15 Short Stories *FPR 4:00 Catholic Communion *AR 6:30 Game Night *AR Oktoberfest Begins
20 9:30 Chair Exercise *AR 10:15 Senior Social *AR 11:15 Big to Little Words *FPR 1:30 Afternoon Movie *MT ***Flywheel*** 2:30 Church Service *FPR 4:00 Potpourri Poetry *FPR 6:30 Game Night *AR Yom Kippur Begins	21 9:30 Chair Exercise *AR 10:15 Hangman *AR **11:00 "Keep it Clean" Meeting with *Rita Serrato* *FPR** 1:00 Art Class w/*Tonya*-Central Coast Home Health & Hospice *AR 2:00 Bible Study *AR 3:30 Sing-A-Long w/*Roger* *FPR 6:30 Game Night *AR	22 9:30 Chair Exercise *AR 10:15 Senior Social *AR 11:00 Balloon Badminton *FPR 11:15 Book Club *AR 1:30 ***Documentary: Maiden*** *MT **2:00 Outing: *Trader Joe's*** 4:15 Chair Exercise *AR 6:30 Game Night *AR Autumn Begins	23 9:30 Chair Exercise *AR 10:15 Trivia Time *AR **11:00 "Food for Thought" Meeting w/*Maria Arevalo* *FPR** 2:00 Self-Motivated Walk *FPR 3:30 Happy Hour Featuring: ***Lance Robinson*** *FPR 6:30 Game Night *AR	24 9:30 Chair Exercise *AR **10:15 Senior Scam Presentation by: SLO County Deputy District Attorney, *Fred Pflume*: *FPR** 11:00 BINGO! *FPR 1:30 Afternoon Movie *MT ***North By Northwest*** 3:00 Self-Motivated Walk *FPR 4:15 Chair Exercise *AR 6:30 Game Night *AR	25 9:30 Chair Exercise *AR **10:30 Mobile Library *LIB*** 11:00 Self-Motivated Walk *FPR 3:30 Happy Hour Featuring: ***Kip McClellan*** *FPR 6:30 Game Night *AR Sukkot Begins	26 9:30 Chair Exercise *AR 10:15 CASINO BINGO! *AR 1:30 Afternoon Movie *MT ***Wizard of OZ*** 2:00 Grief Support Group *AR 3:15 Sudoku-Number Puzzle *FPR 4:00 Catholic Communion *AR 6:30 Game Night *AR
27 9:30 Chair Exercise *AR 10:15 Senior Social *AR 11:15 Big to Little Words *FPR 1:30 Afternoon Movie *MT ***Southern Gospel*** 2:30 Church Service *FPR 4:00 Potpourri Poetry *FPR 6:30 Game Night *AR	28 9:30 Chair Exercise *AR **10:15 Casa Crafts *AR** 11:15 Self-Motivated Walk *FPR 2:00 Bible Study *AR 3:30 BINGO! *AR 6:30 Game Night *AR	29 9:30 Chair Exercise *AR 10:15 Senior Social *AR 11:00 Big to Little Words *FPR 11:15 Book Club *AR 1:30 ***Bio. Humphrey Bogart*** *MT **2:00 *Ride to Morro Rock*** 4:15 Chair Exercise *AR 6:30 Game Night *AR	30 9:30 Chair Exercise *AR **10:15 Resident Speaker *Bill Davies*: Cross Country Hike *FPR** **11:00 "From the Top" Meeting with *Jonathan Roberts* *FPR** 2:00 Self-Motivated Walk *FPR 3:30 Happy Hour Featuring: ***Eliza Sings*** *FPR 6:30 Game Night *AR		

September 2026

Casa de Flores Assisted Living Community

Location Key: *AR=activity room *FPR=fireplace room *MT=movie theater *LIB=library *FF=frannie's fountain. Frannie's Fountain is open daily 1:00 pm to 4:00 pm. Calendar may be subject to change.