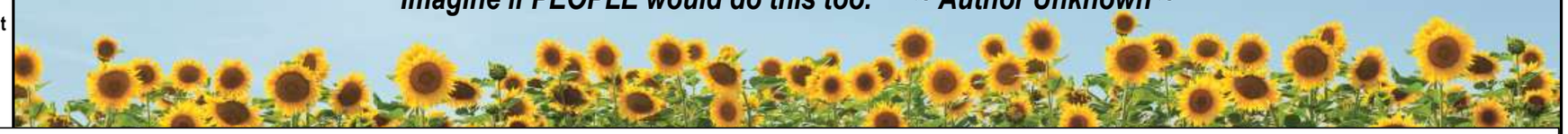
August 2026

Casa de Flores Assisted Living Community

English: Thank You
Spanish: Gracias (grah-thee-ahs)
Tagalog: Salamat Po (sah-lah-mat-poh)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:30 Chair Exercise *AR 10:15 CASINO BINGO! *AR 1:30 Afternoon Movie *MT ***The Music Man*** 2:00 Balloon Badminton *FPR 4:00 Catholic Communion *AR 6:30 Game Night *AR
2 9:30 Chair Exercise *AR 10:15 Senior Social *AR 11:15 Big to Little Words *FPR 1:30 Afternoon Movie: ***Flicka*** *MT 2:30 Church Service *FPR 4:00 Potpourri Poetry *FPR 6:30 Game Night *AR	**3** 9:30 Chair Exercise *AR 10:15 Hangman *AR 11:15 Walking Group *FPR **1:00 Art Class w/*Tonya*-Central Coast Home Health & Hospice *AR** 2:00 Bible Study *AR 3:30 BINGO! *AR 6:30 Game Night *AR	**4** 9:30 Chair Exercise *AR 10:15 Senior Social *AR 11:00 Cell Phone Support *FPR 11:15 Book Club *AR **2:00 & 2:30 *Albertsons/Walgreens*** 4:15 Chair Exercise *AR 6:30 Game Night *AR	**5** 9:30 Chair Exercise *AR 10:15 Trivia Time *AR 11:00 Big to Little Words *FPR 1:30 Afternoon Movie *MT ***Fried Green Tomatoes*** 3:30 Happy Hour Featuring: ***Hunter and Friends*** *FPR 6:30 Game Night *AR	**6** 9:30 Chair Exercise *AR 10:15 Senior Social *AR **11:00 New Resident Welcome *AR** 1:30 Afternoon Movie *MT ***August Rush*** 3:00 Walking Group *FPR 4:15 Chair Exercise *AR 6:30 Game Night *AR	**7** 9:30 Chair Exercise *AR 10:15 Senior Social *AR **11:00 "We Can Fix It" Meeting with *Armando Bustamante* *FPR** 1:30 Afternoon Movie *MT ***Fried Green Tomatoes*** 3:30 Happy Hour Featuring: ***Tim Pacheco*** *FPR 6:30 Game Night *AR	**8** 9:30 Chair Exercise *AR 10:15 CASINO BINGO! *AR 1:30 Afternoon Movie *MT ***August Rush*** 2:00 Karaoke Sing-A-Long *FPR 3:15 Short Stories *FPR 4:00 Catholic Communion *AR 6:30 Game Night *AR
9 9:30 Chair Exercise *AR 10:15 Senior Social *AR 11:15 Big to Little Words *FPR 1:30 Afternoon Movie *MT ***Home Run*** 2:30 Church Service *FPR 4:00 Potpourri Poetry *FPR 6:30 Game Night *AR	**10** 9:30 Chair Exercise *AR **10:15 Creative Crafts *AR** 11:15 Walking Group *FPR 2:00 Bible Study *AR 3:30 BINGO! *AR 6:30 Game Night *AR	**11** 9:30 Chair Exercise *AR 10:15 Senior Social *AR 11:00 Caring Canines *LIB 11:15 Book Club *AR 1:30 Seven Worlds One Planet *MT **2:00 *Avila Valley Barn*** 4:15 Chair Exercise *AR 6:30 Game Night *AR	**12** 9:30 Chair Exercise *AR **10:15 *Journeys w/Jonathan* *AR** **11:00 *Cayucos Luncheon*** 1:30 Afternoon Movie *MT ***And So It Goes*** 3:30 Happy Hour Featuring: ***Ken Warrick*** *FPR 6:30 Game Night *AR	**13** 9:30 Chair Exercise *AR 10:15 Senior Social *AR **11:00 Resident Council *AR** 1:30 Afternoon Movie *MT ***Walk the Line*** **3:00 Drum Circle with *Dee* *AR** 3:00 Walking Group *FPR 4:15 Chair Exercise *AR 6:30 Game Night *AR	**14** 9:30 Chair Exercise *AR 10:15 Senior Social *AR **11:00 "Stay Active" Meeting with *Chelle Fox* *FPR** 1:30 Afternoon Movie *MT ***And So It Goes*** 3:30 Happy Hour Featuring: ***Jody Mulgrew*** *FPR 6:30 Game Night *AR	**15** 9:30 Chair Exercise *AR 10:15 CASINO BINGO! *AR 1:30 Afternoon Movie *MT ***Walk the Line*** 2:00 Balloon Badminton *FPR 3:15 Short Stories *FPR 4:00 Catholic Communion *AR 6:30 Game Night *AR
16 9:30 Chair Exercise *AR 10:15 Senior Social *AR 11:15 Big to Little Words *FPR 1:30 Afternoon Movie *MT ***Pure Country*** 2:30 Church Service *FPR 4:00 Potpourri Poetry *FPR 6:30 Game Night *AR	**17** 9:30 Chair Exercise *AR 10:15 Hangman *AR **11:00 "Keep it Clean" Meeting with *Rita Serrato* *FPR** 11:15 Walking Group *FPR 2:00 Bible Study *AR 3:30 BINGO! *AR 6:30 Game Night *AR	**18** 9:30 Chair Exercise *AR 10:15 Senior Social *AR 11:00 Big to Little Words *FPR 11:15 Book Club *AR 1:30 Seven Worlds One Planet *MT **2:00 *Museum of Natural History*** 4:15 Chair Exercise *AR 6:30 Game Night *AR	**19** 9:30 Chair Exercise *AR 10:15 Trivia Time *AR 11:00 Balloon Badminton *FPR 1:30 Afternoon Movie: ***Oklahoma*** *MT **2:00 "Residential Care" Meeting with *Charlotte Doria* *FPR** 3:30 Happy Hour Birthday Social with ***Rick Jarrett*** *FPR 6:30 Game Night *AR	**20** 9:30 Chair Exercise *AR 10:15 Senior Social *AR 11:00 BINGO! *FPR **11:30 Out to Lunch at *Cecelia's Garden Café in Los Osos*** 1:30 Afternoon Movie *MT ***Regarding Henry*** 3:00 Walking Group *FPR 4:15 Chair Exercise *AR 6:30 Game Night *AR	**21** 9:30 Chair Exercise *AR 10:15 Senior Social *AR **11:00 Morning Concert with *The Uke-Ladies* *FPR** 1:30 Afternoon Movie *MT ***Oklahoma*** 3:30 Happy Hour Featuring: ***Mark Ruffing*** *FPR 6:30 Game Night *AR	**22** 9:30 Chair Exercise *AR 10:15 CASINO BINGO! *AR 1:30 Afternoon Movie *MT ***Regarding Henry*** 2:00 Grief Support Group *AR 3:15 Short Stories *FPR 4:00 Catholic Communion *AR 6:30 Game Night *AR
23 9:30 Chair Exercise *AR 10:15 Senior Social *AR 11:15 Big to Little Words *FPR 1:30 Afternoon Movie *MT ***Same Kind of Difference as Me*** 2:30 Church Service *FPR 4:00 Potpourri Poetry *FPR 6:30 Game Night *AR	**24** 9:30 Chair Exercise *AR **10:15 Casa Crafts *AR** 11:15 Self-Motivated Walking *FPR 2:00 Bible Study *AR 3:30 BINGO! *AR 6:30 Game Night *AR	**25** 9:30 Chair Exercise *AR 10:15 Senior Social *AR 11:00 Balloon Badminton *FPR 11:15 Book Club *AR 1:30 Afternoon Movie: ***Always*** *MT **2:00 Ride to *Montana de Oro*** 4:15 Chair Exercise *AR 6:30 Game Night *AR	**26** 9:30 Chair Exercise *AR 10:15 Trivia Time *AR **11:00 "Food for Thought" Meeting with *Maria Arevalo* *FPR** 1:30 Afternoon Movie *MT ***Patch Adams*** 3:30 Happy Hour Featuring: ***Boomerang (new)*** *FPR 6:30 Game Night *AR	**27** 9:30 Chair Exercise *AR 10:15 Senior Social *AR **11:00 "From the Top" Meeting with *Jonathan Roberts* *FPR** 1:30 Afternoon Movie: ***Always*** *MT 3:00 Walking Group *FPR 4:15 Chair Exercise *AR 6:30 Game Night *AR	**28** 9:30 Chair Exercise *AR **10:30 Mobile Library *LIB** 1:30 Afternoon Movie *MT ***Patch Adams*** 3:30 Happy Hour Featuring: ***Kip McClellan*** *FPR 6:30 Game Night *AR	***Friends and Family Backyard BBQ*** **29** ***11:00 am to 2:00 pm***
30 9:30 Chair Exercise *AR 10:15 Senior Social *AR 11:15 Big to Little Words *FPR 1:30 Afternoon Movie *MT ***The Leisure Seeker*** 2:30 Church Service *FPR 4:00 Potpourri Poetry *FPR 6:30 Game Night *AR	**31** 9:30 Chair Exercise *AR **10:15 Resident Speaker *Ardeth Bradley: The Mississippi River* *FPR** 11:15 Walking Group *FPR **1:00 Art Class w/*Tonya*-Central Coast Home Health & Hospice *AR** 2:00 Bible Study *AR 3:30 BINGO! *AR 6:30 Game Night *AR					

Sunflowers follow the sun… But did you know, when it is cloudy and grey, they face each other and share their ENERGY. Imagine if PEOPLE would do this too. ~ Author Unknown ~



Location Key: *AR=activity room *FPR=fireplace room *MT=movie theater *LIB=library *FF=frannie's fountain. Frannie's Fountain is open daily 1:00 pm to 4:00 pm. Calendar may be subject to change.