July 2026

Casa de Flores Assisted Living Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 **9:30 Chair Yoga w/*Zoe* *AR** 10:15 Trivia Time *AR 11:00 Big to Little Words *FPR 1:30 Afternoon Movie *MT ***Miracle*** 3:30 Happy Hour Featuring: ***Hunter and Friends*** *FPR 6:30 Game Night *AR Canada Day	**2** 9:30 Chair Exercise *AR 10:15 Senior Social *AR **11:00 New Resident Welcome *AR** 2:00 Table Games *FPR 3:00 Walking Group *FPR 4:15 Chair Exercise *AR 6:30 Evening Movie *MT ***Yankee Doodle Dandy***	**3** 9:30 Chair Exercise *AR 10:15 Senior Social *AR **11:00 "We Can Fix It" Meeting w/*Armando* *FPR** 3:30 Patriotic Happy Hour Featuring: ***Tim Pacheco*** *FPR 6:30 Evening Movie *MT ***Miracle***	**4** 9:30 Chair Exercise *AR 10:15 CASINO BINGO! *AR 1:30 Afternoon Movie *MT ***Yankee Doodle Dandy*** 2:00 Patriotic Sing-A-Long *FPR 3:15 Short Stories *FPR 4:00 Catholic Communion *AR 6:30 Game Night *AR Independence Day (U.S.)
5 9:30 Chair Exercise *AR 10:15 Senior Social *AR 11:15 Big to Little Words *FPR **2:30 Church Service with *The Uke-Ladies* *FPR** 4:00 Potpourri Poetry *AR 6:30 Evening Movie *MT ***Though None Go with Me***	**6** **9:30 Chair Yoga w/*Zoe* *AR** 10:15 Hangman *AR 11:15 Walking Group *FPR 1:00 Art Class w/*Tonya*-Central Coast Home Health & Hospice *AR 2:00 Sing-A-Long with Roger *FPR 3:30 BINGO! *AR 6:30 Game Night *AR	**7** **9:30 Chair Yoga w/*Zoe* *AR** 10:15 Senior Social *AR 11:00 Cell Phone Support *FPR **2:00 & 2:30 *Albertsons*** 4:15 Chair Exercise *AR 6:30 ***The National Parks: The Last Refuge*** *MT	**8** **9:30 Chair Yoga w/*Zoe* *AR** 10:15 *Journeys w/Jonathan* *AR **11:00 *Cayucos Luncheon*** 1:30 Afternoon Movie *MT ***The American President*** 3:30 Happy Hour Featuring: ***Jesse Loren Strickman*** *FPR 6:30 Game Night *AR	**9** 9:30 Chair Exercise *AR 10:15 Senior Social *AR **11:00 Resident Council *AR** 2:00 Table Games *FPR **3:00 Drum Circle with *Dee* *AR** 3:00 Walking Group *FPR 4:15 Chair Exercise *AR 6:30 Evening Movie *MT ***The Crossing***	**10** 9:30 Chair Exercise *AR 10:15 Senior Social *AR **11:00 "Stay Active" Meeting with *Chelle Fox* *FPR** 3:30 Happy Hour Featuring: ***Roy Griffith*** *FPR 6:30 Evening Movie *MT ***The American President***	**11** 9:30 Chair Exercise *AR 10:15 CASINO BINGO! *AR 1:30 Afternoon Movie *MT ***The Crossing*** 2:00 Balloon Badminton *FPR 3:15 Short Stories *FPR 4:00 Catholic Communion *AR 6:30 Game Night *AR
12 9:30 Chair Exercise *AR 10:15 Senior Social *AR 11:15 Big to Little Words *FPR 2:30 Church Service *FPR 4:00 Potpourri Poetry *AR 6:30 Evening Movie *MT ***Dreamer***	**13** 9:30 Chair Exercise *AR **10:15 Creative Crafts *AR** 11:15 Walking Group *FPR 2:00 Bible Study *AR 3:30 BINGO! *AR 6:30 Game Night *AR	**14** 9:30 Chair Exercise *AR 10:15 Senior Social *AR 11:00 Caring Canines *LIB 2:00 Big to Little Words *FPR 4:15 Chair Exercise *AR 6:30 ***The National Parks: The Empire of Grandeur*** *MT Bastille Day	**15** 9:30 Chair Exercise *AR 10:15 Trivia Time *AR 11:00 Balloon Badminton *FPR 1:30 Afternoon Movie: ***The Patriot*** **2:00 "Residential Care" Meeting w/*Veronica Diaz* *FPR** 3:30 Happy Hour Featuring: ***Greg Padgett*** *FPR 6:30 Game Night *AR	**16** 9:30 Chair Exercise *AR 10:15 Senior Social *AR 11:00 BINGO! *FPR **11:30 Out to Lunch at *The American Fish Company*** 2:00 Table Games *FPR 3:00 Walking Group *FPR 4:15 Chair Exercise *AR 6:30 Evening Movie: ***Air Force***	**17** 9:30 Chair Exercise *AR 10:15 Senior Social *AR **11:00 Morning Concert with *The Uke-Ladies* *FPR** 3:30 Happy Hour Featuring: ***Peter Emerson (new)*** *FPR 6:30 Evening Movie *MT ***The Patriot***	**18** 9:30 Chair Exercise *AR 10:15 CASINO BINGO! *AR 1:30 Afternoon Movie *MT ***Air Force One*** 2:00 Karaoke Sing-A-Long with *Frannie* *FPR 3:15 Short Stories *FPR 4:00 Catholic Communion *AR 6:30 Game Night *AR
19 9:30 Chair Exercise *AR 10:15 Senior Social *AR 11:15 Big to Little Words *FPR 2:30 Church Service *FPR 4:00 Potpourri Poetry *AR 6:30 Evening Movie *MT ***What if.....***	**20** 9:30 Chair Exercise *AR 10:15 Hangman *AR **11:00 "Keep it Clean" Meeting with *Rita Serrato* *FPR** 11:15 Walking Group *FPR 1:00 Art Class w/*Tonya*-Central Coast Home Health & Hospice *AR 2:00 Bible Study *AR 3:30 BINGO! *AR 6:30 Game Night *AR	**21** 9:30 Chair Exercise *AR 10:15 Senior Social *AR 11:00 Big to Little Words *FPR **2:00 & 2:30 *$ Tree & Family $*** 4:15 Chair Exercise *AR 6:30 ***The National Parks: Going Home*** *MT	**22** 9:30 Chair Exercise *AR 10:15 Trivia Time *AR **11:00 "Food for Thought" Meeting w/*Maria Arevalo* *FPR** 1:30 Afternoon Movie *MT ***Top Gun*** 3:30 Happy Hour Birthday Social with ***Rick Jarrett*** *FPR 6:30 Game Night *AR	**23** 9:30 Chair Exercise *AR 10:15 Senior Social *AR 11:00 BINGO! *FPR 2:00 Table Games *FPR 3:00 Walking Group *FPR 4:15 Chair Exercise *AR 6:30 Evening Movie *MT ***Top Gun: Maverick***	**24** 9:30 Chair Exercise *AR **10:30 Mobile Library *LIB** 3:30 Happy Hour Featuring: ***Kip McClellan*** *FPR 6:30 Evening Movie *MT ***Top Gun***	**25** 9:30 Chair Exercise *AR 10:15 CASINO BINGO! *AR 1:30 Afternoon Movie *MT ***Top Gun: Maverick*** 2:00 Bean Bag Toss *FPR 3:15 Short Stories *FPR 4:00 Catholic Communion *AR 6:30 Game Night *AR
26 9:30 Chair Exercise *AR 10:15 Senior Social *AR 11:15 Big to Little Words *FPR 2:30 Church Service *FPR 4:00 Potpourri Poetry *AR 6:30 Evening Movie *MT ***When We Last Spoke***	**27** 9:30 Chair Exercise *AR **10:15 Casa Crafts *AR** 11:15 Walking Group *FPR 2:00 Bible Study *AR 3:30 BINGO! *AR 6:30 Game Night *AR	**28** 9:30 Chair Exercise *AR 10:15 Senior Social *AR 11:00 Balloon Badminton *FPR **2:00 *Scenic Drive: Pismo*** 4:15 Chair Exercise *AR 6:30 ***The National Parks: Great Nature*** *MT	**29** 9:30 Chair Exercise *AR 10:15 Trivia Time *AR **11:00 "From the Top" Meeting w/*Jonathan Roberts* *FPR** 1:30 Afternoon Movie *MT ***Man of Steel*** 3:30 Happy Hour Featuring: ***David Keosabian*** *FPR 6:30 Game Night *AR	**30** 9:30 Chair Exercise *AR 10:15 Senior Social *AR 11:00 BINGO! *FPR 2:00 Table Games *FPR 3:00 Walking Group *FPR 4:15 Chair Exercise *AR 6:30 Evening Movie *MT ***The Music Man***	**31** 9:30 Chair Exercise *AR 10:15 Senior Social *AR 11:00 Hangman *FPR 3:30 Happy Hour Featuring: ***Akusa Dobre*** *FPR 6:30 Evening Movie *MT ***Man of Steel***	

Location Key: *AR=activity room *FPR=fireplace room *MT=movie theater *LIB=library *FF=frannie's fountain. Frannie's Fountain is open daily 1:00 pm to 4:00 pm. Calendar may be subject to change.