

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# November 2024

## Casa de Flores Assisted Living Community

<p>9:30 Chair Exercise *AR 3</p> <p>10:15 Senior Social *AR</p> <p>11:15 Big to Little Words *FPR</p> <p><b>2:30 Church Service with The Uke-Ladies *FPR</b></p> <p>4:00 Potpourri Poetry *FPR</p> <p>6:30 Evening Movie *MT</p> <p><b>GANDHI</b></p> <p><small>Daylight Saving Time Ends</small></p>	<p>9:30 Chair Exercise *AR 4</p> <p>10:15 Senior Social *AR</p> <p>10:30 Catholic Service *BCC</p> <p>11:15 Hangman *FPR</p> <p><b>1:00 Art Class w/Tonya-Central Coast Home Health/Hospice *AR</b></p> <p>2:30 Bible Study *AR</p> <p>3:45 BINGO! *AR</p> <p>6:30 Game Night *AR</p>	<p><b>8:30 Outing: Voting Polls 5</b></p> <p>9:30 Chair Exercise *AR</p> <p>10:15 Senior Social *AR</p> <p><b>11:15 Tech Support *FPR</b></p> <p>2:00 &amp; 2:30 Shopping at <b>Rite Aid &amp; Albertsons</b></p> <p>4:00 Balloon Badminton *AR</p> <p><b>6:30 Biography on Katharine Hepburn *MT</b></p>	<p>9:30 Chair Exercise *AR 6</p> <p>10:15 Trivia Time *AR</p> <p><b>11:00 New Resident Welcome with Coffee &amp; Donuts *AR</b></p> <p>1:30 Afternoon Movie *MT</p> <p><b>Our Town</b></p> <p>3:00 Happy Hour Featuring: <b>Hunter and Friends *FPR</b></p> <p>6:30 Game Night *AR</p>	<p>9:30 Chair Exercise *AR 7</p> <p>10:15 Senior Social *AR</p> <p>11:00 BINGO! *AR</p> <p>2:00 Table Games *FPR</p> <p>2:30 Ice Cream Social *FPR</p> <p>4:00 Chair Exercise *AR</p> <p>6:30 Evening Movie *MT</p> <p><b>CASABLANCA</b></p>	<p>9:30 Chair Exercise *AR 8</p> <p>10:15 Senior Social *AR</p> <p><b>11:00 "Stay Active" Meeting with Chelle Fox *AR</b></p> <p>3:00 Happy Hour Featuring: <b>Greg Padgett *FPR</b></p> <p>6:30 Evening Movie *MT</p> <p><b>Our Town</b></p>	<p>9:30 Chair Exercise *AR 9</p> <p>10:15 CASINO BINGO! *AR</p> <p>1:30 Afternoon Movie *MT</p> <p><b>CASABLANCA</b></p> <p>2:00 Gardening *LIB Patio</p> <p>4:00 Catholic Communion *AR</p> <p>6:30 Game Night *AR</p>
<p>9:30 Chair Exercise *AR 10</p> <p>10:15 Senior Social *AR</p> <p>11:15 Hangman *FPR</p> <p>2:30 Church Service *AR</p> <p>4:00 Potpourri Poetry *FPR</p> <p>6:30 Evening Movie *MT</p> <p><b>All Saints</b></p>	<p>9:30 Chair Exercise *AR 11</p> <p>10:15 Senior Social *AR</p> <p>10:30 Catholic Service *BCC</p> <p>11:15 Veterans Day Trivia *FPR</p> <p>2:30 Bible Study *AR</p> <p>3:45 BINGO! *AR</p> <p>6:30 Game Night *AR</p> <p><small>Veterans Day Remembrance Day (Canada)</small></p>	<p>9:30 Chair Exercise *AR 12</p> <p>10:15 Senior Social *AR</p> <p>11:00 Caring Canines *LIB</p> <p>2:00 Outing: <b>Veterans Memorial The Faces of Freedom</b></p> <p>2:30 Jumbled Words *FPR</p> <p>4:00 Balloon Badminton *AR</p> <p><b>6:30 Biography on Humphrey Bogart *MT</b></p>	<p>9:30 Chair Exercise *AR 13</p> <p>10:15 Trivia Time *AR</p> <p><b>11:00 Cayucos Potluck</b></p> <p>2:00 Self-Inspired Table Talk *FPR</p> <p>3:00 Happy Hour Birthday Social with <b>Rick Jarrett *FPR</b></p> <p>6:30 Game Night *AR</p>	<p>9:30 Chair Exercise *AR 14</p> <p>10:15 Senior Social *AR</p> <p>11:00 BINGO! *AR</p> <p>2:00 Table Games *FPR</p> <p>2:30 Ice Cream Social *FPR</p> <p><b>3:00 Sound Journey w/Dee *FPR</b></p> <p>6:30 Evening Movie *MT</p> <p><b>Legends of the Fall</b></p>	<p>9:30 Chair Exercise *AR 15</p> <p>10:15 Senior Social *AR</p> <p><b>11:00 Morning Concert with the Uke-Ladies *FPR</b></p> <p>3:00 Happy Hour Featuring: <b>Jody Mulgrew *FPR</b></p> <p>6:30 Evening Movie *MT</p> <p><b>The Nut Job</b></p>	<p>9:30 Chair Exercise *AR 16</p> <p>10:15 CASINO BINGO! *AR</p> <p>1:30 Afternoon Movie *MT</p> <p><b>Legends of the Fall</b></p> <p>2:00 Chair Yoga *AR</p> <p>4:00 Catholic Communion *AR</p> <p>6:30 Game Night *AR</p>
<p>9:30 Chair Exercise *AR 17</p> <p>10:15 Senior Social *AR</p> <p>11:15 Big to Little Words *FPR</p> <p>2:30 Church Service *AR</p> <p>4:00 Potpourri Poetry *FPR</p> <p>6:30 Evening Movie *MT</p> <p><b>Heaven is for Real</b></p>	<p>9:30 Chair Exercise *AR 18</p> <p>10:15 Senior Social *AR</p> <p>10:30 Catholic Service *BCC</p> <p><b>11:00 "Keep It Clean" Meeting with Luchi *AR</b></p> <p>2:30 Bible Study *AR</p> <p>3:45 BINGO! *AR</p> <p>6:30 Game Night *AR</p>	<p>9:30 Chair Exercise *AR 19</p> <p>10:15 Senior Social *AR</p> <p><b>11:00 Encouraging Words with Jonathan Roberts *AR</b></p> <p>11:45 Out to Lunch at In &amp; Out Burgers - Shopping at Walmart</p> <p><b>3:00 Guest Speaker Buff Lawson from HICAP *FPR</b></p> <p><b>6:30 Biography/Shirley Temple</b></p>	<p>9:30 Chair Exercise *AR 20</p> <p>10:15 Trivia Time *AR</p> <p><b>11:00 Resident Council *AR</b></p> <p>1:30 Afternoon Movie *MT</p> <p><b>Planes, Trains &amp; Automobiles</b></p> <p>3:00 Happy Hour Featuring: <b>Eliza Sings *FPR</b></p> <p>6:30 Game Night *AR</p>	<p>9:30 Chair Exercise *AR 21</p> <p>10:15 Senior Social *AR</p> <p>11:00 BINGO! *AR</p> <p>2:00 Table Games *FPR</p> <p>2:30 Ice Cream Social *FPR</p> <p>3:00 A Drive to <b>Montana de Oro</b></p> <p>4:00 Chair Exercise *AR</p> <p>6:30 Evening Movie *MT</p> <p><b>News of the World</b></p>	<p>9:30 Chair Exercise *AR 22</p> <p>10:15 Senior Social *AR</p> <p><b>11:00 Mobile Library *LIB</b></p> <p>3:00 Happy Hour Featuring: <b>Les Beck *FPR</b></p> <p>6:30 Evening Movie *MT</p> <p><b>Planes, Trains &amp; Automobiles</b></p>	<p>9:30 Chair Exercise *AR 23</p> <p>10:15 CASINO BINGO! *AR</p> <p>1:30 Afternoon Movie *MT</p> <p><b>News of the World</b></p> <p>2:00 Gardening *LIB Patio</p> <p>4:00 Catholic Communion *AR</p> <p>6:30 Game Night *AR</p>
<p>9:30 Chair Exercise *AR 24</p> <p>10:15 Senior Social *AR</p> <p>11:15 Hangman *FPR</p> <p>2:30 Church Service *AR</p> <p>4:00 Potpourri Poetry *FPR</p> <p>6:30 Evening Movie *MT</p> <p><b>Finding Normal</b></p>	<p>9:30 Chair Exercise *AR 25</p> <p>10:30 Creative Crafts *AR</p> <p>10:30 Catholic Service *BCC</p> <p>11:15 Big to Little Words *FPR</p> <p>2:30 Bible Study *AR</p> <p>3:45 BINGO! *AR</p> <p>6:30 Game Night *AR</p>	<p>9:30 Chair Exercise *AR 26</p> <p>10:15 Senior Social *AR</p> <p><b>11:00 "Clinical Care" Meeting with Charlotte Doria *AR</b></p> <p>2:00 &amp; 2:30 Shopping at <b>\$ Tree &amp; Family \$</b></p> <p>4:00 Balloon Badminton *AR</p> <p><b>6:30 Biography: Bob Hope *MT</b></p>	<p>9:30 Chair Exercise *AR 27</p> <p>10:15 Trivia Time *AR</p> <p><b>11:00 "Food for Thought" Meeting with Caitlin Ott *AR</b></p> <p>1:30 Afternoon Movie *MT</p> <p><b>Always</b></p> <p>3:00 Happy Hour Featuring: <b>Ken Warrick *FPR</b></p> <p>6:30 Game Night *AR</p>	<p>9:30 Turkey Trot *AR 28</p> <p>10:15 Turkey Talk *AR</p> <p>11:00 GOBBLE BINGO! *AR</p> <p>2:00 Turkey Trivia *FPR</p> <p>6:30 Evening Movie *MT</p> <p><b>An Old-Fashioned Thanksgiving</b></p> <p><small>Thanksgiving Day</small></p>	<p>9:30 Chair Exercise *AR 29</p> <p>10:15 Senior Social *AR</p> <p><b>11:00 "From the Top" Meeting with Jonathan *AR</b></p> <p>3:00 Happy Hour Featuring: <b>Roy Griffith *FPR</b></p> <p>6:30 Evening Movie *MT</p> <p><b>Always</b></p>	<p>9:30 Chair Exercise *AR 30</p> <p>10:15 CASINO BINGO! *AR</p> <p>1:30 Afternoon Movie *MT</p> <p><b>An Old-Fashioned Thanksgiving</b></p> <p>2:00 Chair Yoga *AR</p> <p>4:00 Catholic Communion *AR</p> <p>6:30 Game Night *AR</p>

Location Key: \*AR=activity room \*FPR=fireplace room \*MT=movie theater \*LIB=library \*BCC=bayside care center. Frannie's Fountain is open daily 1:00 pm to 4:00 pm. Calendar may be subject to change.