

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Balloon Badminton *AR 10:15 Coffee & News *AR 11:00 Crossword Puzzle *FPR 2:30 Church Service *AR 4:00 Chair Exercise *AR 6:30 Evening Movie *MT Spirited New Year's Day	9:30 Chair Exercise *AR 10:15 Coffee & News *AR 11:15 Ring Toss *FPR 2:00 Bible Study *AR 3:30 BINGO *AR 4:00 Take a Stroll inside/outside 6:30 Game Night *AR	9:30 Chair Exercise *AR 10:15 Coffee & News *AR 11:00 "Stay Active" Meeting with <i>April & Chelle</i> *AR 2:00 Out to Dollar Tree 2:45 Out to Albertsons 3:00 Reading Short Stories *FPR 6:30 *DOCUMENTARY on Youtube* <i>We Built this City (New York) *MT</i>	9:30 Chair Exercise *AR 10:15 Coffee & News *AR 11:00 New Resident Welcome *AR (serving coffee & donuts) 1:30 Afternoon Movie *MT <i>The Devil Wears Prada</i> 1:30 Hangman *FPR 3:00 Happy Hour Featuring: <i>Les Beck</i> *FPR 6:30 CASINO BINGO *AR	9:30 Chair Exercise *AR 10:15 Coffee & News *AR 10:30 Cell Phone Class *FPR 11:00 BINGO *AR 2:00 Craft/Activity *AR 4:00 Take a Stroll inside/outside 6:30 Evening Movie: <i>Funny Girl</i> *MT	9:30 Chair Exercise *AR 10:15 Coffee & News *AR 11:00 "We Can Fix It" Meeting with <i>Darren Miller</i> *AR 1:30 Bean Bag Toss *FPR 3:00 Happy Hour Featuring: <i>Tim Pacheco</i> *FPR 6:30 Evening Movie *MT <i>A River Runs Through It</i>	9:30 Chair Exercise *AR 10:00 BINGO *AR 11:00 Take a Stroll inside/outside 1:30 Afternoon Movie: <i>Funny Girl</i> *MT 2:00 Manicures *AR 4:00 Catholic Communion *AR 6:30 Game Night *AR
9:30 Kick Ball *AR 10:15 Coffee & News *AR 11:00 Jumbled Words *AR 2:30 Church Service *AR 4:00 Chair Exercise *AR 6:30 Evening Movie *MT <i>The Help</i>	9:30 Chair Exercise *AR 10:15 Coffee & News *AR 11:15 Ring Toss *FPR 2:00 Bible Study *AR 3:30 BINGO *AR 4:00 Take a Stroll inside/outside 6:30 Game Night *AR	9:30 Chair Exercise *AR 10:15 Coffee & News *AR 11:00 "Stay Active" Meeting with <i>April & Chelle</i> *AR 2:00 Out to <i>Ralphs in Los Osos</i> 2:45 Out to <i>Rite Aid & Albertsons</i> 3:00 Reading Short Stories *FPR 6:30 *DOCUMENTARY or Youtube* <i>History of New York</i> <i>Documentary 1865 to 1898</i> *MT	9:30 Chair Exercise *AR 10:15 Coffee & News *AR 11:00 Bus Outing: Cayucos Potluck 1:30 Afternoon Movie *MT <i>RV</i> 1:30 Hangman *FPR 3:00 Happy Hour Featuring: <i>Rick Jarrett</i> *FPR 6:30 CASINO BINGO *AR	9:30 Chair Exercise *AR 10:15 Coffee & News *AR 10:30 Cell Phone Class *FPR 11:00 BINGO *AR 2:00 Trivia Time *FPR 4:00 Take a Stroll inside/outside 6:30 Evening Movie <i>The Best of Johnny Carson</i> *MT	9:30 Chair Exercise *AR 10:15 Coffee & News *AR 11:00 Veteran's Day Puzzles *FPR 1:30 Bean Bag Toss *FPR 3:00 Happy Hour Featuring: <i>Jody Mulgrew</i> *FPR 6:30 Evening Movie *MT <i>America's Sweetheart</i>	9:30 Chair Exercise *AR 10:00 BINGO *AR 11:00 Take a Stroll inside/outside 1:30 Afternoon Movie *MT <i>The Best of Johnny Carson</i> 2:00 Manicures *AR 4:00 Catholic Communion *AR 6:30 Game Night *AR
9:30 Balloon Badminton *AR 10:15 Coffee & News *AR 11:00 Hangman *FPR 2:30 Church Service *AR 4:00 Chair Exercise *AR 6:30 Evening Movie *MT <i>Fried Green Tomatoes</i>	9:30 Chair Exercise *AR 10:15 Coffee & News *AR 11:00 "Keep It Clean" Meeting with <i>Luchi & RayRay</i> *AR 2:00 Bible Study *AR 3:30 BINGO *AR 4:00 Take a Stroll inside/outside 6:30 Game Night *AR Martin Luther King Jr. Day	9:00 Out to Breakfast at <i>Hungry Fisherman in Morro Bay</i> 9:30 Chair Exercise *AR 9:30 Out to Chumash Casino 10:15 Coffee & News *AR 11:00 "From the Top" Meeting with <i>Jonathan Roberts</i> *AR 4:00 Chair Exercise *AR 6:30 *DOCUMENTARY on Youtube* <i>New York USA</i> *MT	9:30 Chair Exercise *AR 10:15 Coffee & News *AR 11:00 Resident Council *AR (all are welcome to join) 1:30 Afternoon Movie *MT <i>GiGi</i> 1:30 Crossword Puzzle *FPR 3:00 Happy Hour Featuring: <i>Eliza Sings</i> *FPR 6:30 CASINO BINGO *AR	9:30 Chair Exercise *AR 10:15 Coffee & News *AR 10:30 Cell Phone Class *FPR 11:00 BINGO *AR 2:00 A to Z Word Game *FPR 4:00 Take a Stroll inside/outside 6:30 Evening Movie *MT <i>Grumpy Old Men</i>	9:30 Chair Exercise *AR 10:15 Coffee & News *AR 11:00 Uke-Ladies *FPR 1:30 Ring Toss *FPR 3:00 Happy Hour Featuring: <i>Darryl Voss</i> *FPR 6:30 Evening Movie *MT 50 First Dates	9:30 Chair Exercise *AR 10:00 BINGO *AR 11:00 Take a Stroll inside/outside 1:30 Afternoon Movie *MT <i>Grumpy Old Men</i> 2:00 Manicures *AR 4:00 Catholic Communion *AR 6:30 Game Night *AR
9:30 Kick Ball *AR 10:15 Coffee & News *AR 11:00 ABC Word Game *FPR 2:30 Church Service *AR 4:00 Chair Exercise *AR 6:30 Evening Movie *MT <i>Grumpier Old Men</i> Chinese New Year (Year of the Rabbit)	9:30 Chair Exercise *AR 10:15 Coffee & News *AR 11:15 Bean Bag Toss *FPR 2:00 Bible Study *AR 3:30 BINGO *AR 4:30 Take a Stroll inside/Outside 6:30 Game Night *AR Activity Professionals Week	9:30 Chair Exercise *AR 10:15 Coffee & News *AR 11:00 "Clinical Care" Meeting with <i>Charlotte & Mariah</i> *AR 2:00 Out to <i>Morro Bay Fire Station</i> 4:00 Chair Exercise *AR 6:30 Documentary on Youtube *MT <i>New York Mega Cities</i>	9:30 Chair Exercise *AR 10:15 Coffee & News *AR 11:00 "Food for Thought" Meeting with <i>Caitlin</i> *AR 1:30 Hangman Game *FPR 1:30 Afternoon Movie *MT <i>Lil Abner</i> 3:00 Happy Hour Karaoke with <i>Team Casa</i> *FPR 6:30 CASINO BINGO *AR	9:30 Chair Exercise *AR 10:15 Coffee and News *AR 11:00 BINGO *FPR 2:00 Afternoon Walk Around the Building *FPR 3:30 Afternoon Movie *MT <i>Where The Red Fern Grows</i> Australia Day (observed)	9:30 Chair Exercise *AR 10:15 Coffee & News *AR 11:00 Jumbled Words *FPR 1:30 Wii Games *FPR 3:00 Happy Hour Featuring: <i>Rick Tennock</i> *FPR 6:30 Evening Movie *MT	9:30 Chair Exercise *AR 10:00 BINGO *AR 11:00 Take a Stroll inside/outside 1:30 Afternoon Movie *MT <i>Where The Red Fern Grows</i> 2:00 Manicures *AR 4:00 Catholic Communion *AR 6:30 Game Night *AR
9:30 Balloon Badminton *AR 10:15 Coffee & News *AR 11:00 Jumbled Words *FPR 2:30 Church Service *AR 4:00 Chair Exercise *AR 6:30 Evening Movie *MT <i>The Last Samurai</i>	9:30 Chair Exercise *AR 10:15 Coffee & News *AR 11:15 Ring Toss *FPR 2:00 Bible Study *AR 3:30 BINGO *AR 4:00 Take a Stroll inside/outside 6:30 Game Night *AR	9:30 Chair Exercise *AR 10:15 Coffee & News *AR 11:00 Encouraging Words with <i>Johnathan Roberts</i> *AR 11:30 Out to Lunch at In & Out Then Shopping at Walmart Arroyo Grande 4:00 Chair Exercise *AR 6:30 Documentary: Youtube <i>The Gambino Crime Family</i> *MT	 <h1 style="color: yellow; text-align: center;">JANUARY 2023</h1> <p style="color: white; text-align: center;">Add a title or monthly theme here.</p>			

Calendar may be subject to change. Location Key: *AR = activity room *FPR = fireplace room *MT = movie theater *LIB = library *FF = frannie's fountain