

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2022



<p>9:30 Balloon Fun! *AR 10:15 Coffee & News *AR 11:00 Crossword Puzzle *FPR 2:30 Church Service *AR 4:00 Music-N-Motion *AR 6:30 Evening Movie *MT HAPPY FEET</p>	<p>9:30 Sit-N-B-Fit *AR 10:15 Coffee & News *AR 11:15 Ring Toss *FPR 2:00 Bible Study *AR 3:30 BINGO *AR 4:00 Take a Stroll inside/outside 6:30 Game Night *AR</p>	<p>9:30 Morning Stretch *AR 10:15 Coffee & News *AR 11:00 "Stay Active" *AR 2:00 Rite Aid & Albertsons 2:30 \$ Tree & Family \$ 4:00 Music-N-Motion *AR 6:30 DOCUMENTARY: INDIA *MT Yom Kippur Begins</p>	<p>9:30 Music-N-Motion *AR 10:15 Coffee & News *AR 11:00 New Resident Welcome *AR 1:30 Afternoon Movie *MT THE SECRET LIFE OF PETS 3:00 Happy Hour Featuring: WALLY BARNICK *FPR 6:30 CASINO BINGO *AR</p>	<p>9:30 Sit-N-B-Fit *AR 10:15 Coffee & News *AR 10:30 Cell Phone Class *FPR 11:00 BINGO *AR 2:00 Q & A with CARLA WIXOM Candidate for Morro Bay Mayor *FPR 4:00 Take a Stroll inside/outside 6:30 Evening Movie *MT GANDHI</p>	<p>9:30 Morning Stretch *AR 10:15 Coffee & News *AR 11:00 "We Can Fix It" *AR 3:00 Happy Hour Featuring: TIM PACHECO *FPR 6:30 Evening Movie *MT THE SECRET LIFE OF PETS</p>	<p>9:30 Chair Yoga *AR 10:00 BINGO *AR 11:00 Take a Stroll inside/outside 1:30 Afternoon Movie *MT GANDHI 2:00 Manicures *AR 4:00 Catholic Communion *AR 6:30 Game Night *AR</p>
<p>9:30 Kick Ball *AR 10:15 Coffee & News *AR 11:00 Karaoke with Mario *FPR 2:30 Church Service *AR 4:00 Music-N-Motion *AR 6:30 Evening Movie *MT EAT PRAY LOVE Sukkot Begins</p>	<p>9:30 Sit-N-B-Fit *AR 10:15 Coffee & News *AR 11:15 Corn Hole *FPR 2:00 Bible Study *AR 3:30 BINGO *AR 4:00 Take a Stroll inside/outside 6:30 Game Night *AR Columbus Day (US) Indigenous Peoples' Day Thanksgiving Day (Canada)</p>	<p>9:30 Morning Stretch *AR 10:15 Coffee & News *AR 11:00 CARING CANINES *LIB 2:00 Drive/Cambria Scarecrows 4:00 Music-N-Motion *AR 6:30 DOCUMENTARY: INDIA *MT</p>	<p>9:30 Music-N-Motion *AR 10:15 Coffee & News *AR 11:00 Cayucos Potluck 1:30 Afternoon Movie *MT THE JERK 3:00 Happy Hour Featuring: JON STEPHEN *FPR 6:30 CASINO BINGO *AR</p>	<p>9:30 Sit-N-B-Fit *AR 10:15 Coffee & News *AR 10:30 Cell Phone Class *FPR 11:00 BINGO *AR 2:00 Casa Crafts *AR 4:00 Take a Stroll inside/outside 6:30 Evening Movie *MT MILLION DOLLAR ARM</p>	<p>9:30 Morning Stretch *AR 10:15 Coffee & News *AR 11:00 Hang Man *FPR 12:00 TREVOR'S FOOD DEMO *LDR 3:00 Happy Hour Featuring: JULIE BEAVER *FPR 6:30 Evening Movie *MT THE JERK</p>	<p>9:30 Chair Yoga *AR 10:00 BINGO *AR 11:00 Take a Stroll inside/outside 1:30 Q & A with Morro Bay Mayor JOHN HEADDING *FPR 4:00 Catholic Communion *AR 6:30 Game Night *AR</p>
<p>9:30 Balloon Fun! *AR 10:15 Coffee & News *AR 11:00 Jumbled Words *FPR 2:30 Church Service *AR 4:00 Music-N-Motion *AR 6:30 Evening Movie *MT 90 MINUTES IN HEAVEN</p>	<p>9:30 Sit-N-B-Fit *AR 10:15 Coffee & News *AR 11:00 "Keep it Clean" *AR 2:00 Bible Study *AR 3:30 BINGO *AR 4:00 Take a Stroll inside/outside 6:30 Game Night *AR Simchat Torah Begins</p>	<p>9:30 Morning Stretch *AR 10:15 Coffee & News *AR 11:00 "From the Top" *AR 11:45 Out to Lunch/Hofbrau 2:00 Drive/Cambria Scarecrows 4:00 Music-N-Motion *AR 6:30 DOCUMENTARY: INDIA *MT</p>	<p>9:30 Music-N-Motion *AR 10:15 Coffee & News *AR 11:00 Resident Council *AR 1:30 Afternoon Movie *MT THE BEST EXOTIC MARI GOLD HOTEL 3:00 Happy Hour Featuring: RICK JARRETT *FPR 6:30 CASINO BINGO *AR</p>	<p>9:30 Sit-N-B-Fit *AR 10:15 Coffee & News *AR 10:30 Cell Phone Class *FPR 11:00 BINGO *AR 2:00 Wii Games *FPR 4:00 Take a Stroll inside/outside 6:30 Evening Movie *MT HEARTS AND SOULS</p>	<p>9:30 Morning Stretch *AR 10:15 Coffee & News *AR 11:00 THE UKE-LADIES *FPR 3:00 Happy Hour Featuring: ROY GRIFFITH *FPR 6:30 Evening Movie *MT THE BEST EXOTIC MARI GOLD HOTEL</p>	<p>9:30 Chair Yoga *AR 10:00 BINGO *AR 11:00 Take a Stroll inside/outside 1:30 Afternoon Movie *MT HEARTS AND SOULS 2:00 Manicures *AR 4:00 Catholic Communion *AR 6:30 Game Night *AR</p>
<p>9:30 Kick Ball *AR 10:15 Coffee & News *AR 11:00 Hangman *FPR 2:30 Church Service *AR 4:00 Music-N-Motion *AR 6:30 Evening Movie *MT LIFE OF PI</p>	<p>9:30 Sit-N-B-Fit *AR 10:15 Coffee & News *AR 11:15 Ring Toss *FPR 2:00 Bible Study *AR 3:30 BINGO *AR 4:00 Take a Stroll inside/outside 6:30 Game Night *AR Diwali (Hindi)</p>	<p>9:30 Morning Stretch *AR 10:15 Coffee & News *AR 11:00 "Clinical Care" *AR 2:00 Walk to the Rock 4:00 Music-N-Motion *AR 6:30 DOCUMENTARY: INDIA *MT</p>	<p>9:30 Music-N-Motion *AR 10:15 Coffee & News *AR 11:00 "Food for Thought" *AR 1:30 Afternoon Movie *MT THE ADAMS FAMILY 3:00 Happy Hour Karaoke with Team Casa *FPR 6:30 CASINO BINGO *AR</p>	<p>9:30 Sit-N-B-Fit *AR 10:15 Coffee & News *AR 10:30 Cell Phone Class *FPR 11:00 BINGO *AR 2:00 Casa Crafts *AR 4:00 Take a Stroll inside/outside 6:30 Evening Movie *MT PREMONITION</p>	<p>9:30 Morning Stretch *AR 10:15 Coffee & News *AR 11:00 Jumbled Words *FPR 3:00 Happy Hour Featuring: RICK TENNOCK *FPR 6:30 Evening Movie *MT THE ADAMS FAMILY</p>	<p>9:30 Chair Yoga *AR 10:00 BINGO *AR 11:00 Take a Stroll inside/outside 1:30 Afternoon Movie *MT PREMONITION 2:00 Manicures *AR 4:00 Catholic Communion *AR 6:30 Game Night *AR</p>
<p>9:30 Balloon Fun! *AR 10:15 Coffee & News *AR 11:00 ABC-Halloween Words *FPR 2:00 Halloween Parade *front lot 2:30 Church Service *AR 4:00 Music-N-Motion *AR 6:30 Evening Movie *MT ALFRED HITCHCOCK, THE BIRDS</p>	<p>9:30 Sit-N-B-Fit *AR 10:15 Coffee & News *AR 11:15 Corn Hole *FPR 3:00 HALLOWEN BASH! *FPR 6:30 Game Night *AR Halloween</p>	<h2>Casa de Flores Assisted Living Community</h2>				

Calendar may be subject to change. Location Key: *AR = activity room *FPR = fireplace room *MT = movie theater *LIB = library *LDR = large dining room