

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Ash Wednesday			
		1	2	3	4	5
		9:30 Chair Yoga *AR 10:15 Coffee & News *AR 11:00 Card Games *FPR 11:15 Walking Club *FPR 2:00 Shopping at Ralphs 3:00 Poetry Reading *FPR 6:30 Faces & Places *MT <i>Celebrating Mardi Gras</i>	9:30 Sit-N-B-Fit *AR 10:15 Coffee & News *AR 11:00 New Resident Welcome *AR 1:30 Chair Exercise w/Chelle *AR 2:00 Shopping at Rite Aid/MB 3:00 Happy Hour Featuring: Jon Stephen *FPR 6:30 CASINO BINGO *AR	9:30 Music-N-Motion *AR 10:15 Coffee & News *AR 11:00 Cell Phone Class *FPR 11:15 BINGO *AR 2:00 Outing: Walk to the Rock 3:00 Manicures *AR 6:30 Evening Movie *MT <i>Australia</i>	9:30 Morning Stretch *AR 10:15 Coffee & News *AR 11:15 Walking Club *FPR 2:00 Scenic Drive: Black Hill 3:00 Happy Hour Featuring: Tim Pacheco *FPR 6:30 Comedy Night *MT <i>Best of the Bing Crosby Specials</i>	9:30 Chair Pilates *AR 10:30 BINGO *AR 1:45 to 3:45 Casa Crafts *AR 2:00 Afternoon Matinee *MT <i>Australia</i> 4:00 Catholic Communion *AR 6:30 Game Night *AR
6	7	8	9	10	11	12
9:30 Sit-N-B-Fit *AR 10:15 Coffee & News *AR 11:00 Karaoke *FPR 2:30 Church Service *AR 3:00 Cell Phone Class *FPR 3:30 Manicures *AR 6:30 Inspirational Show *MT <i>The Bible Stories: Genesis</i>	9:30 Intensive Workout with Jonathan *AR 10:15 Coffee & News *AR 11:15 Big Word/little words *AR 2:00 Bible Study *AR 3:15 BINGO *AR 6:30 Rummikub *AR	9:30 Chair Yoga *AR 10:15 Coffee & News *AR 11:00 Card Games *FPR 11:15 Walking Club *FPR 2:00 Shopping at Albertsons 3:00 Short Stories *FPR 6:30 Faces & Places *MT <i>Australia</i>	9:30 Sit-N-B-Fit *AR 10:15 Coffee & News *AR 11 Food for Thought/Treavor *AR 1:30 Chair Exercise w/Chelle *AR 3:00 Happy Hour Featuring: Rick Jarrett *FPR 6:30 CASINO BINGO *AR	9:30 Music-N-Motion *AR 10:15 Coffee & News *AR 11:00 Cell Phone Class *FPR 11:15 BINGO *AR 2:00 Outing: Museum of Natural History in Morro Bay 3:00 Manicures *AR 6:30 Evening Movie *MT <i>Crocodile Dundee</i>	9:30 Morning Stretch *AR 10:15 Coffee & News *AR 11:15 Walking Club *FPR 12:00 Treavor's Food Demo *LDR 2:00 Scenic Drive: Atascadero 3:00 Happy Hour Featuring: David Angel *FPR 6:30 Comedy Night *MT <i>Best of the Bing Crosby Specials</i>	9:30 Chair Pilates *AR 10:30 BINGO *AR 1:45 to 3:45 Spa Day *AR 2:00 Afternoon Matinee *MT <i>Crocodile Dundee</i> 4:00 Catholic Communion *AR 6:30 Game Night *AR
Daylight Saving Time Begins 13	14	15	16	St. Patrick's Day 17	18	19
9:30 Sit-N-B-Fit *AR 10:15 Coffee & News *AR 11:00 Karaoke *FPR 2:30 Church Service *AR 3:00 Super Bowl LVI *MT 3:30 Manicures *AR 6:30 Inspirational Show *MT <i>The Bible Stories: Ester</i>	9:30 Intensive Workout with Jonathan *AR 10:15 Coffee & News *AR 11:15 Jumbled Words *AR 2:00 Bible Study *AR 3:15 BINGO *AR 6:30 Scrabble *AR	9:30 Chair Yoga *AR 10:15 Coffee & News *AR 11:00 Card Games *FPR 11:15 Walking Club *FPR 2:00 Shopping at Dollar Tree 3:00 Poetry Reading *FPR 6:30 Faces & Places *MT <i>Australia</i>	9:30 Sit-N-B-Fit *AR 10:15 Coffee & News *AR 11:00 Resident Council Meeting (all residents welcome) *AR 1:30 Chair Exercise w/Chelle *AR 3:00 Happy Hour Featuring: Mike & Mandy *CC 6:30 CASINO BINGO *AR	9:30 Music-N-Motion *AR 10:15 Coffee & News *AR 11:00 Cell Phone Class *FPR 11:15 BINGO *AR 2:00 Outing: Trader Joe's/SLO 3:00 Manicures *AR 6:30 Evening Movie *MT <i>The Quiet Man</i>	9:30 Morning Stretch *AR 10:15 Coffee & News *AR 11:00 The Uke-Ladies *FPR 2:00 Scenic Drive: Cambria 3:00 Happy Hour Featuring: Julie Beaver *FPR 6:30 Comedy Night *MT <i>Best of the Bing Crosby Specials</i>	9:30 Chair Pilates *AR 10:30 BINGO *AR 1:45 to 3:45 Casa Crafts *AR 2:00 Afternoon Matinee *MT <i>The Quiet Man</i> 4:00 Catholic Communion *AR 6:30 Game Night *AR
Spring Begins 20	21	22	23	24	25	26
9:30 Sit-N-B-Fit *AR 10:15 Coffee & News *AR 11:00 Karaoke with Mario *FPR 2:30 Church Service *AR 3:00 Cell Phone Class *FPR 3:30 Manicures *AR 6:30 Inspirational Show *MT <i>The Bible Stories: Solomon</i>	9:30 Intensive Workout with Jonathan *AR 10:15 Coffee & News *AR 11:15 Crossword Puzzle *AR 2:00 Bible Study *AR 3:15 BINGO *AR 6:30 Rummikub *AR	9:30 Chair Yoga *AR 10:15 Coffee & News *AR 11:00 Card Games *FPR 11:15 Walking Club *FPR 2:00 Shopping at Grocery Outlet 3:00 Short Stories *FPR 6:30 Faces & Places *MT <i>Australia</i>	9:30 Sit-N-B-Fit *AR 10:15 Coffee & News *AR 11:00 Hang Man *AR 1:30 Chair Exercise w/Chelle *AR 3:00 Happy Hour Featuring: Darrell Voss *FPR 6:30 CASINO BINGO *AR	9:30 Music-N-Motion *AR 10:15 Coffee & News *AR 11:00 Cell Phone Class *FPR 11:15 BINGO *AR 2:00 Outing: The ZOO 3:00 Manicures *AR 6:30 Evening Movie *MT <i>Quigley Down Under</i>	9:30 Morning Stretch *AR 10:15 Coffee & News *AR 11:15 Walking Club *FPR 2:00 Scenic Drive: Laguna Lake 3:00 Happy Hour Featuring: Rick Tennock *FPR 6:30 Comedy Night *MT <i>Best of the Bing Crosby Specials</i>	9:30 Chair Pilates *AR 10:30 BINGO *AR 1:45 to 3:45 Spa Day *AR 2:00 Afternoon Matinee *MT <i>Quigley Down Under</i> 4:00 Catholic Communion *AR 6:30 Game Night *AR
27	28	29	30	31	Frannie's Fountain Open Every Day Sunday, Monday, Tuesday, Thursday & Saturday 1:00 to 4:00 Wednesday 1:00 to 2:00 & Friday 1:00 to 2:00	
9:30 Sit-N-B-Fit *AR 10:15 Coffee & News *AR 11:00 Karaoke *FPR 2:30 Church Service *AR 3:00 Cell Phone Class *FPR 3:30 Manicures *AR 6:30 Inspirational Show *MT <i>St. Peter</i>	9:30 Intensive Workout with Jonathan *AR 10:15 Coffee & News *AR 11:15 Hangman *AR 2:00 Bible Study *AR 3:15 BINGO *AR 6:30 Scrabble *AR	9:30 Chair Yoga *AR 10:15 Coffee & News *AR 11:00 Card Games *FPR 11:15 Walking Club *FPR 2:00 Shopping at Albertsons 3:00 Poetry Reading *FPR 6:30 Faces & Places *MT <i>Australia</i>	9:30 Sit-N-B-Fit *AR 10:15 Coffee & News *AR 11:00 Hang Man *AR 1:30 Chair Exercise w/Chelle *AR 3:00 Happy Hour Featuring: Del Gomes *FPR 6:30 CASINO BINGO *AR	9:30 Music-N-Motion *AR 10:15 Coffee & News *AR 11:00 Cell Phone Class *FPR 11:15 BINGO *AR 2:00 Outing: Cloisters Park 3:00 Manicures *AR 6:30 Evening Movie *MT <i>Casablanca</i>		

Casa de Flores
Assisted Living Community

Calendar may be subject to change. Location Key: *AR=activity room *FPR=fireplace room *MT=movie theater *LIB=library *MR=media room *CC=casa courtyard *LDR=large dining