

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2019 Casa de Flores Senior Residence

		<p>8:30 Rose Bowl Parade *MR 9:30 Sit-N-B-Fit *AR 10:15 Coffee & News *AR 11:15 BINGO! *AR 2:00 Faces & Places: America's Railroads/Part 1 *MT 3:00 Frannie's Fountain 3:30 Ladies' Bible Study *LIB 6:30 Game Night *AR <small>New Year's Day</small></p>	<p>9:30 Stretch Band Exercise *AR 10:15 Coffee & News *AR 11:15 New Resident Welcome *AR 2:00 & 2:30 Outing: Rite Aid in MB 3:00 Frannie's Fountain 5:00 Evening Walk *FPR 6:30 Poker Dice *AR</p>	<p>9:30 Sit-N-B-Fit *AR 10:15 Coffee & News *AR 11:15 Knitting with Wanda *MR 11:15 BINGO! *AR 2:00 Outing: Walk to the Rock 2:00 Jeopardy *AR 3:00 Frannie's Fountain 6:30 Evening Movie: <i>The African Queen</i> *MT</p>	<p>9:30 Stretch Band Exercise *AR 10:15 Coffee & News *AR 11:00 Outing: Brown Bag Lunch & Concert in SLO 2:00 Bible Study with Earl *AR 3:30 Happy Hour Featuring: <i>Tim Pacheco</i> *FPR</p>	<p>9:30 Music-N-Motion *AR 10:15 Coffee & News *AR 11:15 BINGO! *AR 2:00 Afternoon Matinee: <i>The African Queen</i> *MT</p>
<p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 11:00 <i>The Daily Special Band</i> *FPR 2:00 Afternoon Walk *FPR 2:30 Church Service *LIB 3:00 Frannie's Fountain 6:30 Inspirational Movie: <i>Duma</i> *MT</p>	<p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 10:15 Catholic Mass *BCC 11:15 Morning Walk *FPR 1:45 BINGO! *AR 3:00 Frannie's Fountain 3:30 Bible Study *LIB</p>	<p>9:30 Sit-N-B-Fit *AR 10:15 Movement Activity presented by: Let's Dance *AR 11:15 Coffee & News *AR 2:00 Scenic Drive: Vineyard Drive to Templeton 2:00 Faces & Places: America's Railroads/Part 2 *MT 3:00 Frannie's Fountain 6:30 Game Night *AR</p>	<p>9:30 Stretch Band Exercise *AR 10:15 Coffee & News *AR 10:45 & 11:15 Outing: Cayucos Potluck 2:00 Casa's Caring Angels *AR 3:00 Frannie's Fountain 5:00 Evening Walk *FPR 6:30 Poker Dice *AR</p>	<p>9:30 Sit-N-B-Fit *AR 10:15 Crafter's Corner w/Tonya *AR 11:15 Knitting with Wanda *MR 11:15 BINGO! *AR 2:00 Outing: MB Library 2:00 Chicken Soup for the Golden Soul *AR 3:00 Frannie's Fountain 6:30 Evening Movie: <i>Avalon</i> *MT</p>	<p>9:30 Stretch Band Exercise *AR 10:15 Coffee & News *AR 11:15 Morning Walk *FPR 2:00 Bible Study with Earl *AR 3:30 Happy Hour Featuring: <i>Liz Douglas</i> *FPR 6:30 Walking Down Memory Lane with Betty Jo *AR</p>	<p>9:30 Music-N-Motion *AR 10:15 Coffee & News *AR 11:15 BINGO! *AR 2:00 Afternoon Matinee: <i>Avalon</i> *MT</p>
<p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 11:15 Big Words to Little Words *AR 2:00 Afternoon Walk *FPR 2:30 Church Service *LIB 3:00 Frannie's Fountain 6:30 Inspirational Movie: <i>South Pacific</i> *MT</p>	<p>9:30 Chair Yoga *AR 10:00 Outing: The Inn at Morro Bay "Mind Walk Lecture" Topic: Camp San Luis Obispo in Peace & War Presented by Dan Sebby 10:15 Catholic Mass *BCC 1:45 BINGO! *AR 3:00 Frannie's Fountain 3:30 Bible Study *LIB</p>	<p>9:30 Sit-N-B-Fit *AR 10:15 Coffee & News *AR 11:15 Food for Thought with Treavor (Dietary Director) *AR 2:00 Afternoon Walk *FPR 2:00 Faces & Places: America's Railroads/Part 3 *MT 3:00 Frannie's Fountain 3:30 Ladies' Bible Study *LIB 6:30 Game Night *AR</p>	<p>9:30 Stretch Band Exercise *AR 10:15 Coffee & News *AR 11:15 Resident Council Meets *AR 2:00 BINGO! *AR 3:00 Frannie's Fountain 5:00 Evening Walk *FPR 6:30 Evening Concert Featuring: Dan "Banjer Dan" Mazer *FPR</p>	<p>9:30 Sit-N-B-Fit *AR 10:15 Coffee & News *AR 11:15 Knitting with Wanda *MR 11:15 A Time of Remembrance *AR 2:00 Outing: Dollar Tree in SLO 2:00 Beach Ball Volleyball *AR 3:00 Frannie's Fountain 6:30 Evening Movie: <i>Barefoot in the Park</i> *MT</p>	<p>9:30 Stretch Band Exercise *AR 10:15 Coffee & News *AR 11:15 BINGO! *AR 2:00 Bible Study with Earl *AR 3:30 Happy Hour Featuring: <i>David Yarnell</i> *FPR</p>	<p>9:30 Music-N-Motion *AR 10:15 Coffee & News *AR 11:00 Dog Visit from Woods Humane Society *FPR 11:15 Morning Walk *FPR 2:00 Afternoon Matinee: <i>Barefoot in the Park</i> *MT</p>
<p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 11:15 Jumbled Words *AR 2:00 Afternoon Walk *FPR 2:30 Church Service *LIB 3:00 Frannie's Fountain 6:30 Inspirational Movie: <i>Seven Brides for Seven Brothers</i> *MT</p>	<p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 10:15 Catholic Mass *BCC 11:15 Morning Walk *FPR 1:45 BINGO! *AR 3:00 Frannie's Fountain 3:30 Bible Study *LIB <small>Martin Luther King Day Tu B'Shevat</small></p>	<p>9:30 Sit-N-B-Fit *AR 10:15 Coffee & News *AR 11:15 Activities Meeting: Help to make decisions concerning your activities department *AR 2:00 Scenic Drive: Montana de Oro 2:00 Faces & Places: America's Railroads/Part 4 *MT 3:00 Frannie's Fountain 6:30 Game Night *AR</p>	<p>9:30 Stretch Band Exercise *AR 10:15 Coffee & News *AR 11:15 BINGO! *AR 2:00 Casa's Caring Angels *AR 3:00 Frannie's Fountain 5:00 Evening Walk *FPR 6:30 Evening Concert Featuring: Rick Tennock *FPR</p>	<p>9:30 Sit-N-B-Fit *AR 10:15 Crafter's Corner w/Tonya *AR 11:15 Knitting with Wanda *MR 12:00 Out to Lunch at Dorn's 2:00 Charades *AR 3:00 Frannie's Fountain 6:30 Evening Movie: <i>Billy Budd</i> *MT</p>	<p>9:30 Stretch Band Exercise *AR 10:15 Coffee & News *AR 11:15 The Price is Right 2:00 Bible Study with Earl *AR 3:30 Happy Hour Featuring: <i>Les Beck</i> *FPR 6:30 Walking Down Memory Lane with Betty Jo *AR</p>	<p>9:30 Music-N-Motion *AR 10:15 Coffee & News *AR 11:15 BINGO! *AR 11:45 Caring Canine Visit *FPR 2:00 Afternoon Matinee: <i>Billy Budd</i> *MT</p>
<p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 11:15 Brain Strain *AR 2:00 Afternoon Walk *FPR 2:30 Church Service *LIB 3:00 Frannie's Fountain 6:30 Inspirational Movie: <i>The Best Years of our Lives</i> *MT</p>	<p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 10:15 Catholic Mass *BCC 11:15 Poetry *AR 1:45 BINGO! *AR 3:00 Frannie's Fountain 3:30 Bible Study *LIB <small>Australia Day (observed)</small></p>	<p>9:30 Sit-N-B-Fit *AR 10:15 Coffee & News *AR 11:15 Denise Solters & Service Dog Buddy come to visit *AR 2:00 Scenic Drive: Moonstone Beach 2:00 Faces & Places: California Road Trip with Huell Howser *MT 3:00 Frannie's Fountain 6:30 Evening Concert with MB High School Student, <i>Amalia</i> *FPR</p>	<p>9:30 Stretch Band Exercise *AR 10:15 Coffee & News *AR 11:15 Target Toss *AR 2:00 BINGO! *AR 3:00 Frannie's Fountain 5:00 Evening Walk *FPR 6:30 Poker Dice *AR</p>	<p>9:30 Sit-N-B-Fit *AR 10:15 Coffee & News *AR 11:15 Knitting with Wanda *MR 11:15 Morning Walk *FPR 2:00 Outing: Ross Dress for Less in Arroyo Grande 2:00 Crossword Puzzle *AR 3:00 Frannie's Fountain 6:30 Evening Movie: <i>Anchors Aweigh</i> *MT</p>	<p>"Let our New Year's resolution be this: we will be there for one another as fellow members of humanity, in the finest sense of the word." ~ Goran Persson ~</p>	

Calendar may be subject to change. Sign up for outings, scenic drives & movies by the front desk. *AR=activity room *FPR=fireplace room *MT=movie theater *LIB=library *MR=media room *BCC=bayside care center