

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2018

Casa de Flores - Senior Residence

<p>9:30 Sit-N-B-Fit *AR 10:15 Crafters Corner with <i>Tonya</i> from CCH Art *AR 11:15 Knitting with <i>Wanda</i> *MR 11:15 Morning Walk *FPR 2:00 Outing: <i>Pumpkin Farm</i> 2:00 Casa's Caring Angels *AR 3:00 Frannie's Fountain 6:30 Evening Movie: <i>The Natural</i> *MT</p>	<p>9:30 Stretch Band Exercise *AR 11:00 Outing: Brown Bag Lunch & Concert in SLO 2:00 Bible Study with <i>Earl</i> *AR 3:30 Happy Hour Featuring: <i>Tim Pacheco</i> *FPR</p>	<p>9:30 Music-N-Motion *AR 10:15 Coffee & News *AR 11:15 BINGO! *AR 2:00 Afternoon Matinee: <i>The Natural</i> *MT</p>
<p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 11:00 Daily Special Band *FPR 2:00 Afternoon Walk *FPR 2:30 Church Service *LIB 3:00 Frannie's Fountain 6:30 Inspirational Movie: <i>I Can Only Imagine</i> *MT <small>Daylight Saving Time Ends</small></p>	<p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 10:15 Catholic Mass *BCC 11:15 Poetry Corner *AR 1:45 BINGO! *AR 3:00 Frannie's Fountain 3:30 Bible Study *FPR 4:00 Guitar Concert By Morro Bay Student <i>Amalia</i> *FPR</p>	<p>9:00 Outing: Vote at the Polls 9:30 Sit-N-B-Fit *AR 10:15 Coffee & News *AR 11:15 Poker Dice *AR 2:00 Afternoon Walk *FPR 2:00 Faces and Places: <i>So Many Feathers: Bird Watching</i> *MT 3:00 Frannie's Fountain 3:30 Ladies' Bible Study *LIB 6:30 Game Night *FPR</p>
<p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 11:15 Veterans Day Trivia *AR 2:00 Afternoon Walk *FPR 2:30 Church Service *LIB 3:00 Frannie's Fountain 6:30 Inspirational Movie: <i>Disney's The Country Bears</i> *MT <small>Veterans Day (US) Remembrance Day (Canada)</small></p>	<p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 10:15 Catholic Mass *BCC 11:15 Casa's Caring Angels Making Cookies *AR 1:45 BINGO! *AR 3:00 Frannie's Fountain 3:30 Veterans Recognition *AR</p>	<p>9:30 Sit-N-B-Fit *AR 10:15 Coffee & News *AR 11:15 Laughter is the Best Medicine *AR 2:00 Scenic Drive: <i>Casa's Caring Angels: Delivering Cookies</i> 2:00 Faces and Places: <i>Avalanche Angels</i> *MT 3:00 Frannie's Fountain 6:30 Game Night *FPR <small>World Kindness Day</small></p>
<p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 11:15 Big Word/Little Words *AR 2:00 Afternoon Walk *FPR 2:30 Church Service *LIB 3:00 Frannie's Fountain 6:30 Inspirational Movie: <i>Pocketful of Miracles</i> *MT</p>	<p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 10:15 Catholic Mass *BCC 11:15 Poetry Corner *AR 1:45 BINGO! *AR 3:00 Frannie's Fountain 3:30 Bible Study *FPR</p>	<p>9:30 Sit-N-B-Fit *AR 10:15 Coffee & News *AR 11:15 Food For Thought with <i>Treavor</i> *AR 2:00 Afternoon Walk *FPR 2:00 Faces and Places: <i>Wolverine: The Last Phantom</i> *MT 3:00 Frannie's Fountain 3:30 Ladies' Bible Study *LIB 6:30 Game Night *FPR</p>
<p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 11:15 Brain Strain *AR 2:00 Afternoon Walk *FPR 2:30 Church Service *LIB 3:00 Frannie's Fountain 6:30 Inspirational Movie: <i>The Pilgrimage Play</i> *MT</p>	<p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 10:15 Catholic Mass *BCC 11:15 Poker Dice *AR 1:45 BINGO! *AR 3:00 Frannie's Fountain 3:30 Bible Study *FPR</p>	<p>9:30 Sit-N-B-Fit *AR 10:15 Coffee & News *AR 11:15 Crossword Puzzle *AR 2:00 Scenic Drive: <i>Vista View of the Pismo Pier</i> 2:00 Faces and Places: <i>Saving otter 501</i> *MT 3:00 Frannie's Fountain 6:30 Game Night *FPR</p>
<p>9:30 Stretch Band Exercise *AR 10:15 Trinity Methodist Church Hymnal Singing *FPR 10:30 New Resident Welcome *AR 2:00 & 2:30 Outing: <i>Rite Aid in MB</i> 3:00 Frannie's Fountain 5:00 Evening Walk *FPR 6:30 Evening Concert Featuring: <i>Rachel Santa Cruz</i> *FPR</p>	<p>9:30 Sit-N-B-Fit *AR 10:15 Coffee & News *AR 11:15 BINGO! *AR 11:15 Knitting with <i>Wanda</i> *MR 12:00 Out to Lunch: <i>Sea Shanty</i> 3:00 Frannie's Fountain 6:30 Evening Movie: <i>The Barkleys of Broadway</i> *MT</p>	<p>9:20 Thanksgiving Program presented by <i>Del Mar Elementary School</i> 10:30 Stretch Band Exercise *AR 11:15 Manicures *AR 2:00 Bible Study with <i>Earl</i> *AR 3:30 Happy Hour Featuring: <i>Liz Douglas</i> *FPR</p>
<p>9:30 Stretch Band Exercise *AR 10:15 Coffee & News *AR 11:00 Outing: Cayucos Potluck 1:45 BINGO! *AR 3:00 Frannie's Fountain 5:00 Evening Walk *FPR 6:30 Evening Concert Featuring: <i>Dave Molloy</i> *FPR</p>	<p>9:30 Sit-N-B-Fit *AR 10:15 Crafters Corner with <i>Tonya</i> from CCH Art *AR 11:15 Knitting with <i>Wanda</i> *MR 11:15 Morning Walk *FPR 2:00 Outing: <i>MB Library</i> 2:00 Casa's Caring Angels *AR 3:00 Frannie's Fountain 6:30 Evening Movie: *MT <i>An Old-Fashioned Thanksgiving</i></p>	<p>9:30 Stretch Band Exercise *AR 10:15 Coffee & News *AR 11:15 Crossword Puzzle *AR 2:00 Bible Study with <i>Earl</i> *AR 3:30 Happy Hour Featuring: <i>Julie Beaver</i> *FPR</p>
<p>9:30 Stretch Band Exercise *AR 10:30 Coffee & News *AR 11:15 Resident Council Meets *AR 2:00 Casa Crafts *AR 3:00 Frannie's Fountain 5:00 Evening Walk *FPR 6:30 CASINO BINGO!! *AR</p>	<p>9:30 Sit-N-Gobble *AR 10:15 Turkey Talk *AR 11:15 Thanksgiving Trivia *AR 2:00 Turkey Trot *FPR</p> <p><small>Thanksgiving Day (US)</small></p>	<p>9:30 Stretch Band Exercise *AR 10:15 Coffee & News *AR 11:15 Manicures *AR 2:00 Bible Study with <i>Earl</i> *AR 3:30 Happy Hour Featuring: <i>Jim Enos</i> *FPR</p>
<p>9:30 Stretch Band Exercise *AR 10:30 Coffee & News *AR 11:15 Target Toss *AR 2:00 Super Swap *AR 3:00 Frannie's Fountain 5:00 Evening Walk *FPR 6:30 Evening Concert Featuring: <i>Rick Tennock</i> *FPR</p>	<p>9:30 Sit-N-B-Fit *AR 10:15 Coffee & News *AR 11:15 BINGO! *AR 11:15 Knitting with <i>Wanda</i> *MR 2:00 Outing: <i>Target in SLO</i> 2:00 Casa's Caring Angels *AR 3:00 Frannie's Fountain 6:30 Evening Movie: *MT <i>The Bishop's Wife</i></p>	<p>9:30 Music-N-Motion *AR 10:15 Coffee & News *AR 11:15 BINGO! *AR 2:00 Afternoon Matinee: *MT <i>An Old-Fashioned Thanksgiving</i></p>
<p>9:30 Stretch Band Exercise *AR 10:15 Coffee & News *AR 11:15 Chicken Soup for the Soul *AR 2:00 Bible Study with <i>Earl</i> *AR 3:30 Happy Hour Featuring: <i>Les Beck</i> *FPR</p>	<p>9:30 Music-N-Motion *AR 10:15 Coffee & News *AR 11:15 BINGO! *AR 11:45 Caring Canine Visit *FPR 2:00 Afternoon Matinee: *MT <i>The Bishop's Wife</i></p>	<p>9:30 Music-N-Motion *AR 10:15 Coffee & News *AR 11:15 BINGO! *AR 2:00 Afternoon Matinee: *MT <i>The Bishop's Wife</i></p>

Calendar may be subject to change. Sign up for outings, scenic drives & movies by the front desk. *AR=activity room *FPR=fireplace room *MT=movie theater *LIB=library *MR=media room *BCC=bayside care center