

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2018

Casa de Flores - Senior Residence

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| <p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 11:15 Crossword Puzzle *AR 2:00 Afternoon Walk *FPR 2:30 Church Service *LIB 3:00 to 4:00 Frannie's Fountain 4:15 Table Games *FPR 6:30 Inspirational Movie *MT</p> | <p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 10:15 Catholic Mass *BCC 11:15 Morning Walk *FPR 1:45 BINGO! *AR 3:00 to 4:30 Frannie's Fountain 3:30 Bible Study *LIB</p> <p style="text-align: center;">Labor Day</p> | <p>9:30 Stretch Band Exercise *AR 10:15 Coffee & News *AR 11:15 Big Word Little Word *AR 2:00 Wii: Jeopardy *AR 2:00 Faces & Places: <i>How the States Got Their Shapes</i> *MT 3:00 Beanbag Baseball *AR 3:00 to 4:30 Frannie's Fountain 3:30 Ladies' Bible Study *LIB 6:30 Game Night *FPR</p> | <p>9:30 Better Balance Class *AR 10:15 Coffee & News *AR 11:15 New Resident Welcome *AR 2:00 & 2:30 Outing: <i>Rite Aid in MB</i> 3:00 to 4:30 Frannie's Fountain 5:00 Evening Walk *FPR 6:30 Poker Dice *AR</p> | <p>9:30 Sit-N-B-Fit *AR 10:15 Coffee & News *AR 11:15 BINGO! *AR 11:15 Knitting with <i>Wanda</i> *MR 2:00 Outing: <i>Morro Bay Library</i> 3:00 to 4:30 Frannie's Fountain 6:30 Evening Movie: <i>The Apple Dumpling Gang</i> *MT</p> | <p>9:30 Music-N-Motion *AR 11:00 Brown Bag Lunch & Concert 2:00 Bible Study with <i>Earl</i> *AR 3:30 Happy Hour Featuring: <i>Tim Pacheco</i> *FPR</p> | <p>9:30 Music-N-Motion *AR 10:15 Coffee & News *AR 11:15 BINGO! *AR 2:00 Afternoon Movie: <i>Chisum</i> *MT</p> |
| <p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 11:15 Hang Man *AR 2:00 Afternoon Walk *FPR 2:30 Church Service *LIB 3:00 to 4:00 Frannie's Fountain 4:15 Table Games *FPR 6:30 Inspirational Movie *MT</p> <p style="text-align: center;">Grandparents Day</p> | <p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 10:15 Catholic Mass *BCC 11:15 Poetry Corner *AR 1:45 BINGO! *AR 3:00 to 4:30 Frannie's Fountain 3:30 Bible Study *LIB</p> <p style="text-align: center;">Rosh Hashanah</p> | <p>9:30 Morning Stretch *AR 10:15 Coffee & News *AR 11:15 Sign Language 101 *AR 2:00 Scenic Drive: <i>See Canyon Got Their Shapes</i> *MT 3:00 to 4:30 Frannie's Fountain 6:30 Game Night *FPR</p> | <p>9:30 Better Balance Class *AR 10:15 Coffee & News *AR 11:00 Outing: Cayucos Potluck 1:45 BINGO! *AR 3:00 to 4:30 Frannie's Fountain 5:00 Evening Walk *FPR 6:30 Evening Concert Featuring: <i>Dave Molloy and Songs of the West</i> *FPR</p> | <p>9:30 Sit-N-B-Fit *AR 10:15 Crafters Corner with <i>Tonya</i> from Central Coast Hospice Art *AR 11:15 Morning Walk *FPR 11:15 Knitting with <i>Wanda</i> *MR 2:00 Outing: <i>Farmers Market in MB</i> 3:00 to 4:30 Frannie's Fountain 6:30 Evening Movie: <i>Radio</i> *MT</p> | <p>9:30 Music-N-Motion *AR 10:15 Coffee & News *AR 11:15 Manicures *AR 2:00 Bible Study with <i>Earl</i> *AR 3:30 Happy Hour Featuring: <i>Liz Douglas</i> *FPR</p> | <p>9:30 Stretch Band Exercise *AR 10:15 Coffee & News *AR 11:00 Dog Visit from <i>Woods Humane Society</i> *FPR 11:15 BINGO! *AR 2:00 Afternoon Movie: <i>Radio</i> *MT</p> |
| <p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 11:15 Strengthen Your Mind *AR 2:00 Afternoon Walk *FPR 2:30 Church Service *LIB 3:00 to 4:00 Frannie's Fountain 4:15 Table Games *FPR 6:30 Inspirational Movie *MT</p> | <p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 10:15 Catholic Mass *BCC 11:15 Morning Walk *FPR 1:45 BINGO! *AR 3:00 to 4:30 Frannie's Fountain 3:30 Bible Study *LIB</p> | <p>9:30 Morning Stretch *AR 10:15 Coffee & News *AR 11:00 Food for Thought w/ <i>Treavor</i> *AR 2:00 Wii: Family Feud *AR 2:00 Faces & Places: <i>How the States Got Their Shapes</i> *MT 3:00 to 4:30 Frannie's Fountain 3:30 Ladies' Bible Study *LIB 6:30 Game Night *FPR</p> <p style="text-align: center;">Yom Kippur</p> | <p>9:30 Better Balance Class *AR 10:15 Coffee & News *AR 11:15 Resident Council Meeting *AR 2:00 Casa Crafts *AR 3:00 to 4:30 Frannie's Fountain 5:00 Evening Walk *FPR 6:30 Poker Dice *AR</p> | <p>9:30 Sit-N-B-Fit *AR 10:15 Coffee & News *AR 11:15 BINGO! *AR 11:15 Knitting with <i>Wanda</i> *MR 2:00 Outing: <i>Linn's Fruit Bin</i> 3:00 to 4:30 Frannie's Fountain 6:30 Evening Movie: <i>The Band Wagon</i> *MT</p> | <p style="text-align: center;"><i>Wear Purple For Peace Day</i></p> <p>9:30 Music-N-Motion *AR 10:15 Coffee & News *AR 11:15 Ear & Hearing Aid Inspection presented by Miracle Ear *AR 2:00 Bible Study with <i>Earl</i> *AR 3:30 Happy Hour Featuring: <i>Nathan Clay</i> *FPR</p> | <p>9:30 Stretch Band Exercise *AR 10:15 Coffee & News *AR 11:15 BINGO! *AR 11:45 Caring Canine Visit *FPR 2:00 Afternoon Movie: <i>The Band Wagon</i> *MT</p> <p style="text-align: center;">Autumn Begins Oktoberfest Begins</p> |
| <p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 11:15 Big Word to Little Words *AR 2:00 Afternoon Walk *FPR 2:30 Church Service *LIB 3:00 to 4:00 Frannie's Fountain 4:15 Table Games *FPR 6:30 Inspirational Movie *MT</p> | <p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 10:15 Catholic Mass *BCC 11:15 Poetry Corner *AR 1:45 BINGO! *AR 3:00 to 4:30 Frannie's Fountain 3:30 Bible Study *LIB</p> <p style="text-align: center;">Sukkot</p> | <p>9:30 Morning Stretch *AR 10:15 Coffee & News *AR 11:15 Sign Language 101 *AR 2:00 Outing: <i>Target in SLO</i> 2:00 Faces & Places: <i>How the States Got Their Shapes</i> *MT 3:00 to 4:30 Frannie's Fountain 6:30 Game Night *FPR</p> | <p>9:30 Better Balance Class *AR 10:15 Coffee & News *AR 10:30 to 12:00 Frannie's Fountain 11:15 BINGO! *AR 2:00 Manicures *AR 3:00 to 4:30 Frannie's Fountain 5:00 Evening Walk *FPR 6:30 Evening Concert Featuring: <i>Rick Tennock</i> *FPR</p> | <p>9:30 Sit-N-B-Fit *AR 10:15 Crafters Corner with <i>Tonya</i> from Central Coast Hospice Art *AR 11:15 Morning Walk *FPR 11:15 Knitting with <i>Wanda</i> *MR 2:00 Outing: <i>Walk at Tidelands Park</i> 3:00 to 4:30 Frannie's Fountain 6:30 Evening Movie: <i>Forever Young</i> *MT</p> | <p>9:30 Music-N-Motion *AR 10:15 Coffee & News *AR 11:15 Crossword Puzzle *AR 2:00 Bible Study with <i>Earl</i> *AR 3:30 Oktoberfest Celebration Featuring: <i>Oso Lindo</i> *FPR</p> | <p>9:30 Stretch Band Exercise *AR 10:15 Coffee & News *AR 11:15 BINGO! *AR 2:00 Afternoon Movie: <i>Forever Young</i> *MT</p> |
| <p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 11:15 Trivia Time *AR 2:00 Afternoon Walk *FPR 2:30 Church Service *LIB 3:00 to 4:00 Frannie's Fountain 4:15 Table Games *FPR 6:30 Inspirational Movie *MT</p> | <p style="text-align: center;">September is the month of maturity; the heaped basket and the garnered sheaf. It is the month of climax and completion. September! I never tire of turning it over and over in my mind. It has warmth, depth and color. It glows like old amber. <i>Patience Strong</i></p> | | | | | |