

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<p>1</p> <p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 10:15 Catholic Mass *BCC 11:15 Morning Walk *FPR 1:45 BINGO! *AR 3:00 to 4:30 Frannie's Fountain 3:30 Bible Study *LIB</p>	<p>2</p> <p>9:30 Morning Stretch *AR 10:15 Coffee & News *AR 11:15 Catch-a-Question *AR 2:00 Target Toss *AR 2:00 Faces & Places Featuring: <i>Munich's Oktoberfest</i> *MT 3:00 to 4:30 Frannie's Fountain 3:30 Ladies' Bible Study *LIB 6:30 Game Night *FPR</p>	<p>3</p> <p>9:30 Stretch Band Exercise *AR 10:00 Trinity Methodist Church Hymnal Singing *FPR 10:15 Coffee & News *AR 11:15 New Resident Welcome *AR 2:00 & 2:30 Outing: <i>Rite Aid in MB</i> 3:00 to 4:30 Frannie's Fountain 3:30 Short Stories *AR 5:00 Evening Walk *FPR 6:30 Poker Dice *AR</p>	<p>4</p> <p>9:30 Sit-N-B-Fit *AR 10:15 Coffee & News *AR 11:15 BINGO! *AR 11:15 Knitting with <i>Wanda</i> *MR 2:00 & 2:30 Outing: <i>Dollar Tree in Morro Bay</i> 2:00 Casa's Caring Angels *AR 3:00 to 4:30 Frannie's Fountain 6:30 Evening Movie Featuring:</p>	<p>5</p> <p>9:30 Stretch Band Exercise *AR 10:15 Coffee & News *AR 11:00 Brown Bag Lunch & Concert 2:00 Bible Study with <i>Earl</i> *AR 3:30 Happy Hour Featuring: <i>Tim Pacheco</i> *FPR</p>	<p>6</p> <p>9:30 Music-N-Motion *AR 10:15 Coffee & News *AR 11:15 BINGO! *AR 2:00 Afternoon Movie Featuring: <i>The Darkest Hour</i> *MT 4:15 Table Games *FPR</p>	
<p>7</p> <p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 11:15 Strengthen Your Mind *AR 2:00 Afternoon Walk *FPR 2:30 Church Service *LIB 3:00 to 4:00 Frannie's Fountain 6:30 Inspirational Movie *MT</p>	<p>8</p> <p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 10:15 Catholic Mass *BCC 11:15 Columbus Day Trivia *AR 1:45 BINGO! *AR 3:00 to 4:30 Frannie's Fountain 3:30 Bible Study *LIB</p> <p style="text-align: center;"><small>Columbus Day (US) Thanksgiving Day (Canada)</small></p>	<p>9</p> <p>9:30 Morning Stretch *AR 10:15 Coffee & News *AR 11:15 Sign Language 101 *AR 2:00 Scenic Drive: <i>Cambria Scarecrows</i> 2:00 Faces & Places Featuring: <i>Shark Quest</i> *MT 3:00 to 4:30 Frannie's Fountain 6:30 Game Night *FPR</p>	<p>10</p> <p>9:30 Stretch Band Exercise *AR 10:15 Coffee & News *AR 10:45 & 11:15 Outing: Cayucos Potluck 1:45 BINGO! *AR 3:00 to 4:30 Frannie's Fountain 5:00 Evening Walk *FPR 6:30 Evening Concert Featuring: <i>Les Beck</i> *FPR</p>	<p>11</p> <p>9:30 Sit-N-B-Fit *AR 10:15 Coffee & News *AR 11:15 Jeopardy *AR 11:15 Knitting with <i>Wanda</i> *MR 2:00 Outing: <i>Wine Tasting</i> 3:00 to 4:30 Frannie's Fountain 6:30 Evening Movie Featuring: <i>I, ROBOT</i> *MT</p>	<p>12</p> <p>9:30 Stretch Band Exercise *AR 10:15 Coffee & News *AR 11:15 Manicures *AR 2:00 Bible Study with <i>Earl</i> *AR 3:30 Happy Hour Featuring: <i>Liz Douglas</i> *FPR</p>	<p>13</p> <p>9:30 Music-N-Motion *AR 10:15 Coffee & News *AR 11:15 BINGO! *AR 2:00 Afternoon Movie Featuring: <i>I, ROBOT</i> *MT 4:15 Table Games *FPR</p>	
<p>14</p> <p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 11:15 Brain Strain *AR 2:00 Afternoon Walk *FPR 2:30 Church Service *LIB 3:00 to 4:00 Frannie's Fountain 6:30 Inspirational Movie *MT</p>	<p>15</p> <p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 10:15 Catholic Mass *BCC 11:15 Morning Walk *FPR 1:45 BINGO! *AR 3:00 to 4:30 Frannie's Fountain 3:30 Bible Study *LIB</p>	<p>16</p> <p>9:30 Morning Stretch *AR 10:15 Coffee & News *AR 11:15 Food for Thought with <i>Treavor</i> *AR 2:00 The Price is Right *AR 2:00 Faces & Places Featuring: <i>Rome's Lost City</i> *MT 3:00 to 4:30 Frannie's Fountain 3:30 Ladies' Bible Study *LIB 6:30 Game Night *FPR</p>	<p>17</p> <p>9:30 Stretch Band Exercise *AR 10:15 Coffee & News *AR 11:15 TOWN HALL/ Resident Council Meets *AR 2:00 Casa Crafts *AR 3:00 to 4:30 Frannie's Fountain 5:00 Evening Walk *FPR 6:30 CASINO BINGO *AR</p>	<p>18</p> <p>9:30 Sit-N-B-Fit *AR 10:15 Crafters Corner with <i>Tonya</i> from CCH Art *AR 11:15 Morning Walk *FPR 11:15 Knitting with <i>Wanda</i> *MR 2:00 Outing: <i>Trader Joe's</i> 2:00 Casa's Caring Angels *AR 3:00 to 4:30 Frannie's Fountain 6:30 Evening Movie Featuring: <i>Mildred Pierce</i> *MT</p>	<p>19</p> <p>9:30 Stretch Band Exercise *AR 10:15 Coffee & News *AR 11:15 Activities Meeting *AR 2:00 Bible Study with <i>Earl</i> *AR 3:30 Happy Hour Featuring: <i>Julie Beaver</i> *FPR</p>	<p>20</p> <p>9:30 Music-N-Motion *AR 10:15 Coffee & News *AR 11:00 Dog Visit from <i>Woods Humane Society</i> *FPR 11:15 BINGO! *AR 2:00 Afternoon Movie Featuring: <i>Mildred Pierce</i> *MT 4:15 Table Games *FPR</p>	
<p>21</p> <p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 11:15 <i>The Daily Special Band</i> *FPR 2:00 Afternoon Walk *FPR 2:30 Church Service *LIB 3:00 to 4:00 Frannie's Fountain 6:30 Inspirational Movie *MT</p>	<p>22</p> <p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 10:15 Catholic Mass *BCC 11:15 Poetry Corner *AR 1:45 BINGO! *AR 3:00 to 4:30 Frannie's Fountain 3:30 Bible Study *LIB</p>	<p>23</p> <p>9:30 Morning Stretch *AR 10:15 Coffee & News *AR 11:15 Sign Language 101 *AR 2:00 Scenic Drive: <i>Cambria Scarecrows</i> 2:00 Faces & Places Featuring: <i>King Tut</i> *MT 3:00 to 4:30 Frannie's Fountain 6:30 Game Night *FPR</p>	<p>24</p> <p>9:30 Stretch Band Exercise *AR 10:15 Coffee & News *AR 11:15 BINGO! *AR 2:00 A Time for Remembering *AR 3:00 to 4:30 Frannie's Fountain 5:00 Evening Walk *FPR 6:30 Evening Concert Featuring: <i>Rick Tennock</i> *FPR</p>	<p>25</p> <p>9:30 Sit-N-B-Fit *AR 10:15 Crafters Corner with <i>Tonya</i> from CCH Art *AR 11:15 Morning Walk *FPR 11:15 Knitting with <i>Wanda</i> *MR 2:00 Outing: <i>Atascadero Zoo</i> 3:00 to 4:30 Frannie's Fountain 6:30 Evening Movie Featuring: <i>Ever After</i> *MT</p>	<p>26</p> <p>9:30 Stretch Band Exercise *AR 10:15 Coffee & News *AR 11:15 Manicures *AR 2:00 Bible Study with <i>Earl</i> *AR 3:30 Happy Hour Featuring: <i>Banger Dan Mazer</i> *FPR</p>	<p>27</p> <p>9:30 Music-N-Motion *AR 10:15 Coffee & News *AR 11:15 BINGO! *AR 11:45 Caring Canine Visit *FPR 2:00 Afternoon Movie Featuring: <i>Ever After</i> *MT 4:15 Table Games *FPR</p>	
<p>28</p> <p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 11:15 Big Word to Little Words *AR 2:00 Afternoon Walk *FPR 2:30 Church Service *LIB 3:00 to 4:00 Frannie's Fountain 6:30 Inspirational Movie *MT</p>	<p>29</p> <p>9:30 Chair Yoga *AR 10:15 Coffee & News *AR 10:15 Catholic Mass *BCC 11:15 Morning Walk *FPR 1:45 BINGO! *AR 3:00 to 4:30 Frannie's Fountain 3:30 Bible Study *LIB</p>	<p>30</p> <p>9:30 Morning Stretch *AR 10:15 Coffee & News *AR 11:15 Beach Ball Volleyball *AR 2:00 Scenic Drive: <i>Cambria Scarecrows</i> 2:00 Faces & Places Featuring: <i>The Dead Sea Scrolls</i> *MT 3:00 to 4:30 Frannie's Fountain 6:30 Game Night *FPR</p>	<p>31</p> <p>9:30 Ghostly Motions *AR 10:15 Witches Brew & Scroll Reading *AR 11:15 BATTY BINGO! *AR 2:00 Halloween Monster Bash *FPR 5:00 Mummy Walk *FPR 6:30 Hang Man *AR</p> <p style="text-align: center;"><small>Halloween</small></p>	 <p>October 2018 Casa de Flores Senior Residence</p>			

Calendar may be subject to change. Sign up for outings, scenic drives & movies by the front desk. Location Key: *AR=Activity Room *FPR=Fireplace Room *LIB=Library *MT= Movie Theatre *MR=Media Room *BCC=Bayside Care Center