

**01/15/18**

**Dear Casa Residents,**

**Please let us know immediately if you have any of the following symptoms:**

- Fever or feeling feverish/chills (*It's important to note that not everyone with flu will have a fever.*)
- Cough
- Sore throat
- Runny or stuffy nose
- Muscle or body aches
- Headaches
- Fatigue (tiredness)
- Some people may have vomiting and diarrhea

### **Flu Complications**

Most people who get influenza will recover in a few days to less than two weeks, but some people will develop complications (such as pneumonia) as a result of the flu, some of which can be life-threatening.